

Board of Directors

Hybrid Meeting Agenda

June 8th, 2023

Board of Directors	Members	Present
in Person:		

Members Present via Zoom:

North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

Guests Present:

- 1. Call to Order and Introductions Chair
- 2. Tribal Acknowledgement-Chair

 Tribal Behavioral Health | North Sound BH-ASO (nsbhaso.org)
- 3. Revisions to the Agenda Chair
- 4. Approval of the May 4th, 2023, Minutes, Motion #23-25 Chair...... Tab 1
- 5. Comments & Announcements from the Chair
- 6. Reports from Members
- 7. Comments from the Public
- 8. Report from the Advisory Board Tab 2
- 9. Report from the Finance OfficerTab 3
- 10. Report from the Governance Operations Committee

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

Consent AgendaTab 4
Motion #23-26

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from May 1st, 2023, through May 31st, 2023, in the amount of \$2,471,569.13.
- Payroll for the month of May in the amount of \$193,094.41 and associated employer benefits in the amount of \$88,493.25.

11. Action Items

For Board Approval

The contracts for motions #23-27 to # 23-31 fall into four distinct categories:

- Health Care Authority (HCA) contract provides funding for the period of July 1, 2023, through December 31, 2023. The Housing Assistance with Recovery Peer Supports (HARPS) provides funding for the period of July 1, 2023 through June 30, 2024.
- Downstream contracts for General Fund-State (GF-S) Mandatory Services (Crisis Outreach, Involuntary Treatment Act (ITA) Services, ITA inpatient, Secure Withdrawal Management, Proviso Funding)
- Downstream contracts for Substance Abuse Block Grant (SABG) Priority Services (Pregnant & Parenting Women Housing Services (PPW), Individuals using Intravenous Drugs (IUID) Opiate Outreach)
- Downstream contracts for GF-S/SABG/Mental Health Block Grant (MHBG) Services within Available Resources (Mental Health & Substance Use Disorder Outpatient, SUD Residential, Triage Services)

The downstream contracts follow the HCA contract. The funding for the downstream contracts is included in the same amendment, which is why you will see the same numbered amendment under a different category of funding. The funding allocations for the downstream contracts will be developed over the next month.

Health Care Authority

- K-6334 is providing the GF-S funding for the period of January 1, 2023, through December 31, 2023 and Federal Block Grant funds for the period of January 1, 2023, through June 30, 2024.
 - New GF-S funding is expected for the period of July December 2023, however the details have not been provided by HCA to date.

Motion#23-27

HCA-NS BH-ASO-K-6334-Amendment 1 providing the ASO GF-S funding and legislative provisos for the period of July 1, 2023, through December 31, 2023, and Federal Block Grant Funding for the period of January 1, 2023 through June 30, 2024.

• K-6178 Housing and Recovery through Peer Support Services (HARPS) team providing permanent supportive housing services for individuals exiting or at risk of entering a behavioral healthcare setting.

Motion #23-28

HCA-NS BH-ASO-K-23 for the purpose of funding the HARPS team and HARPS subsidies. The maximum amount on this contract is \$616,440 with a term of July 1, 2023, through June 30, 2024.

GF-S Mandatory Services

The following contracts provide mandatory behavioral health services.

- Compass Health
 - Mobile Crisis Outreach ongoing and the expansion funds introduced in April, ITA services, Program for Assertive Community Treatment (PACT), Evaluation and Treatment Services, E&T Discharge Planners, Whatcom Triage Diversion Pilot, Child Youth and Family Crisis Outreach Team
- Snohomish County
 - Mobile Crisis Outreach, ITA services
 - o Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- Volunteers of America
 - o Toll Free Crisis Hotline
- Telecare
 - Evaluation and Treatment Services, Discharge Planners
- American Behavioral Health Services (ABHS)
 - o Secure Withdrawal Management
- Lifeline Connections
 - o PACT
- Snohomish County Superior Court
 - Juvenile Treatment Services
- Island County
 - o Proviso Funding-Jail Transition Services, Trueblood Funds, Designated Cannabis Account
- San Juan County
 - o Proviso Funding-Jail Transition Services, Designated Cannabis Account
- Skagit County
 - o Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- Whatcom County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds

Motion #23-29

NS BH-ASO-Compass Health-ICCN-23 Amendment 1 to provide ongoing and expansion funding for continue services under this contract. The contract term is January 1, 2023, through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract. The six (6) month amount is from July 1, 2023 – December 31, 2023.

NS BH-ASO-Snohomish County-ICCN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023 through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-VOA-ICCN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023 through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-Telecare-ICCN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023 through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-ABHS-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023 through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023 through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County Superior Court-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023 through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023 through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-San Juan County-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023 through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-Skagit County-Interlocal-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023 through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023 through December 30, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

Substance Abuse Block Grant (SABG) & Mental Health Block Grant (MHBG) Priority Services

The following contracts are providing SABG priority Services:

- Brigid Collins
 - Pregnant and Parenting Women (PPW) Housing Support Services
- Evergreen Recovery Centers
 - PPW Housing Support Services
 - Homeless Outreach and Stabilization Team (HOST)
- Catholic Community Services
 - PPW Housing Support Services
- Compass Health
 - San Juan HARPS subsidies
 - o Certified Peers on Mobile Crisis Teams
- Therapeutic Health Services
 - Medication Assisted Treatment
- Island County
 - o Opiate Outreach, HARPS subsidies
- Community Action of Skagit County
 - o Opiate Outreach
- Snohomish County
 - Opiate Outreach
- Whatcom County
 - o Opiate Outreach
- Lifeline Connections

- Peer Pathfinder, Peer Pathfinder Incarceration Transition Pilot, HARPS Team with Skagit & Whatcom subsidies
- Telecare Corp.
 - Peer Bridger Program, Peer Bridger Participant Relief Funds

Motion #23-30

NS BH-ASO-Brigid Collins-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023 through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-ERC-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023 through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-CCS NW-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023 through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-Compass Health-ICCN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023 through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-THS-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023 through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023 through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-CASC-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023 through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023 through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023 through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-FBG-23 Amendment 1 to provide additional funding to the Peer Path Finder services under this contract. The contract term is January 1, 2023 through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-Telecare-FBG-23 Amendment 1 to provide additional funding to Peer Bridger services under this contract. The contract term is January 1, 2023 through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

GF-S/SABG/MHBG Services within Available Resources

- Compass Health
 - SUD outpatient services in San Juan County

- Snohomish & Whatcom County Triage Services
- Consejo Counseling and Referral Services
 - o Mental health outpatient services
 - Substance use outpatient services
- City of Mount Vernon
 - Integrated co-responder outreach project
- Evergreen Recovery Centers
 - Withdrawal Management Services
 - o Mental Health Infant Specialist
- Island County
 - Co-Responder project
- Lifeline Connections
 - o SUD Outpatient services
 - o Recovery Housing
- Lake Whatcom Center
 - o PACT
 - Mental Health outpatient services
 - Substance Use outpatient services
- Pioneer Human Services
 - o Island, Skagit & Whatcom withdrawal management services
 - One-time funding for the North Sound Behavioral Health Facility in the amount of \$140,000
 - Co-Occurring residential services, adding North Sound Behavioral Health Treatment Facility
- Sea Mar
 - o Mental health outpatient services
 - Substance use outpatient services
 - o SUD residential services
- Snohomish County
 - o Co-Responder project
- Sunrise Services
 - Mental health outpatient services
 - o Substance use outpatient services
- Volunteers of America (VOA)
 - Peer Outreach follow up services
- Whatcom County
 - Co-responder project

Motion #23-31

NS BH-ASO-Compass Health-ICCN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023 through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-Consejo-ICN-21-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023 through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-City of Mount Vernon-Interlocal-23 Amendment 1 to provide funding for the integrated co-responder team with the City of Mount Vernon Police Department. The contract term is June 1, 2022 through June 30, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-ERC-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023 through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-23 Amendment 1 to provide the funding for co-responder services under this contract. The contract term is January 1, 2023 through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023 through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-LWC-ICN-19-22 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023 through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-PHS-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023 through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-Sea Mar-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023 through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023 through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-Sunrise Services-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023 through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-VOA-ICCN-23 Amendment 1 to provide the funding for emergency response suicide prevention follow up services under this contract. The contract term is January 1, 2023 through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract

NS BH-ASO-Whatcom County-ICN-23 Amendment 1 to provide the funding co-responder services under this contract. The contract term is January 1, 2023 through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

Department of Commerce-Behavioral Health Rental Assistance

This contract is a renewal of funding for Community Behavioral Health Rental Assistance (CBRA) for individuals
exiting inpatient/residential services and in need of housing, the funding can be used for short-term and longterm housing, with the latter is the goal.

Motion #23-32

Department of Commerce-NS BH-ASO-23 to provide the funding for rental assistance in the amount of \$1,366,830.00 for the period of July 1, 2023, through June 30, 2024.

• The following motion is the downstream contracts allocating the behavioral health rental assistance funds and Federal Block Grant funds for housing case management services.

- Bridgeways provides CBRA rental assistance and case management services in Snohomish County.
- o Compass Health provides CBRA rental assistance and case management services in Snohomish County.
- Lifeline Connections provides CBRA rental assistance case management services in Skagit and Whatcom County.
- Lake Whatcom Center provides CBRA rental assistance and case management services in Whatcom County.
- Pioneer Human Services provides CBRA rental assistance and case management services in Island County.

Motion #23-33

NS BH-ASO-Bridgeways-CBRA-23 for the provision of CBRA rental assistance and program expenses in Snohomish County. The contract term is July 1, 2023, through June 30, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Compass Health-CBRA-23 for the provision of CBRA rental assistance and program expenses in Snohomish County. The contract term is July 1, 2023, through June 30, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-CBRA-23 for the provision of CBRA rental assistance and program expenses in Skagit and Whatcom County. The contract term is July 1, 2023, through June 30, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Lake Whatcom Center-CBRA-23 for the provision of CBRA rental assistance and program expenses Whatcom County. The contract term is July 1, 2023, through June 30, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Pioneer Human Services-CBRA-23 for the provision of CBRA rental assistance and program expenses in Island County. The contract term is July 1, 2023, through June 30, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

Helping Hands Project Organization

• Helping Hands Project Organization is a Behavioral Health Agency emphasize serving elders and people of color in Snohomish County.

Motion #23-34

NS BH-ASO-Helping Hands Project-23 for the provision of outpatient services in Snohomish County, this is a Fee for Service contract. The contract term is January 1, 2023, through June 30, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

Recovery Navigator Programs (RNP)

- The continued funding for RNP is included in the HCA contract. The following motion is the downstream contracts.
 - o Island County provides RNP services in Island County
 - Community Action of Skagit County provides RNP services in Skagit County
 - Compass Health provides RNP services in San Juan County
 - Whatcom County LEAD program provides RNP services in Whatcom County
 - Snohomish County LEAD program provides RNP services in Snohomish County

Motion #23-35

North Sound BH-ASO-Island County-RNP-23 for the provision of RNP services in Island County. The contract term is July 1, 2023, through June 20, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Community Action of Skagit County-RNP-23 for the provision of RNP services in Skagit County. The contract term is July 1, 2023, through June 20, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Compass Health-RNP-23 for the provision of RNP services in San Juan County. The contract term is July 1, 2023, through June 20, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Whatcom County-RNP-23 for the provision of RNP services in Whatcom County. The contract term is July 1, 2023, through June 20, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Snohomish County-RNP-23 for the provision of RNP services in Snohomish County. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

The following contracts were introduced in April and were inadvertently left off the May Board of Directors agenda.

Health Care Authority (HCA)-Department of Behavioral Health Recovery-Housing and Recovery (DBHR) through Peer Services (HARPS) Expansion Grant

These expansion funds are provided to support the Substance Use Disorder (SUD) Peer on the HARPS team.

Motion #23-36

Health Care Authority-North Sound BH-ASO-K6751 for the provision of adding \$109,996 to the contract for the SUD Peer program expenses. The term of the contract is March 15, 2023, through March 14, 2024.

The next motion is the downstream HARPS contract with Lifeline Connections, the provider of the HARPS team services.

Motion #23-37

North Sound BH-ASO-Lifeline Connections-FBG-23 Amendment 1 for the provision of adding \$109,996 to the
contract for SUD Peer program expenses. The contract term is January 1, 2023, through December 31, 2023,
with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the
contract.

Health Care Authority - Projects for Assistance in Transition from Homelessness (PATH)

This contract adds supplemental funds in the amount of \$10,769.23 to the PATH contract for outreach goods and services. The provider must submit a plan describing the method and intended outcome for allocating support service funding by February 29, 2024.

Motion #23-38

Health Care Authority-North Sound BH-ASO-K6742 for the provision of adding funds to PATH services in the amount of \$10,769.23 for outreach goods and services. The term of the contract is March 1, 2023, through February 29, 2024.

The next motion is the downstream contract with Bridgeways adding the \$10,769.23 to their PATH contract. **Motion #23-39**

North Sound BH-ASO-Bridgeways-PATH-21-23 Amendment 1 for the provision of adding the supplemental funds
for outreach goods and services in the amount of \$10,769.23. The contract term is May 1, 2021, through
September 30, 2023, with an automatic one-year renewal on October 1, 2023, based on continued compliance
with the terms of the contract.

12. Information Item	. Tab	5
o Block Grant Final Review		
13. Report from the Executive Director	Tah	6
13. Report from the Executive Director	I ab	O
14. Adjourn		

Next Meeting: No meeting in July. Next meeting is August 10th, 2023



North Sound Behavioral Health Administrative Services Organization

Board of Directors

Hybrid Meeting Minutes

May 11th, 2023

Board of Directors Members Present in Person:

- Peter Browning, Commissioner;
 Skagit County, Board Chair
- Cammy Hart-Anderson, Human Services, designated alternate for Dave Somers County Executive, Snohomish County
- o **Jill Johnson**, Commissioner, Island County
- Barry Buchanan, County Council;
 Whatcom County

Members Present via Zoom:

- George Kosovich, Public Health, designated alternate for Peter Browning, Commissioner, Skagit County
- Perry Mowery, Behavioral Health Supervisor, designated alternate for Satpal Sidhu County Executive, Whatcom County
- Pat O'Maley Lanphear, Advisory Board Chair
- Heidi Beazizo, Sr. Legislative Analyst, designated alternate for Strom Peterson County Council, Snohomish County
- Jane Fuller, County Council, San Juan County
- Lynda Austin, Human Services, designated alternate for Jill Johnson Commissioner, Island County
- o **Sam Low**, County Council, Snohomish County
- Malora Christensen, Response Systems
 Division Manager, designated alternate for Satpal Sidhu, Whatcom County

North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

- Joe Valentine, Executive Director, North Sound BH-ASO
- o **Margaret Rojas,** Assistant Executive Director, North Sound BH-ASO
- Darrell Heiner, Sr. Accountant, North Sound BH-ASO
- Charles DeElena, Business Improvement Manager/Compliance Officer, North Sound BH-ASO
- Maria Arreola, Administrative Assistant II, Advisory Board Coordinator, NS BH-ASO
- Joanie Wenzl, Administrative Manager/Clerk of the Board, North Sound BH-ASO
- Kimberly Nakatani, Accountant, NS BH-ASO Accountant
- o **Garrison Whaley-Sharp,** Assistant Out-Patient Coordinator, North Sound BH-ASO

Guests Present:

Clinton Jordan

Call to Order and Introductions - Chair

The Chair called the meeting to order and initiated introductions.

Revisions to the Agenda – Chair

No revisions to the agenda were requested.

Approval of the April 13th, 2023, Minutes, Motion #23-23 – Chair........ Attachment Cammy Hart-Anderson moved the motion for approval, Barry Buchanan seconded, all in favor, none opposed, motion #22-23 carried.

Comments & Announcements from the Chair

No comments

Reports from Members

Skagit, San Juan, Island and Whatcom gave updates on their respective counties regarding behavioral health happenings.

Comments from the Public

Clinton Jordan attended the meeting via Zoom. Joe noted that we will be discussing the issue relating to PHS during the Executive Director's Report.

Assisted Out-Patient Treatment (AOT) Program Update

Garrison Whaley-Sharp, NS BH-ASO AOT Coordinator

Joe introduced Garrison, the AOT Program Coordinator. Garrison gave the AOT Program presentation via PowerPoint slides.

Report from the Advisory Board

Pat O'Maley Lanphear

Pat gave the report from the Advisory Board and spoke about the retreat that took place on May 2nd. She referenced the schematic that was developed during the activities and conversations.

She added that new members have been added to the NS BH-ASO Advisory Board and that there are still more openings.

Report from the Finance Officer

Joe gave the Finance Officer's Report. He referenced the spreadsheet that was provided in the Board Member's binders that reflected detail.

Report from the Governance Operations Committee

The Chair noted that the ASO's Succession Planning activities were discussed during the Governance and Operations Meeting.

The Tribal Leaders in connection with the Accountable Community of Health created the Tribal Acknowledgment with associated links.

Moving forward, NS BH-ASO will start the meetings with the reading of the Tribal Acknowledgment.

Barry Buchanan moved a motion to incorporate the reading of the Tribal Acknowledgement at the beginning of the meetings.

Cammy Hart-Anderson seconded the motion, all were in favor none opposed.

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

Consent Agenda

Motion #23-24

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from April 1st, 2023, through April 30th, 2023, in the amount of \$3,457,532.64.
- Payroll for the month of April in the amount of \$189,698.80 and associated employer benefits in the amount of \$88,254.71.

Jill Johnson moved the motion for approval, Barry Buchanan seconded, none opposed, all in favor, Motion #23-24 carried.

Action Items

For Board Approval

> There are no Action Items for the month of May.

1. Introduction Items

Contracts

The contracts being introduced this month fall into four distinct categories:

- Health Care Authority (HCA) contract to include funding for the period of January 1, 2024, through December 31, 2023.
- Downstream contracts for General Fund-State (GF-S) Mandatory Services (Crisis Outreach, Involuntary Treatment Act (ITA) Services, ITA inpatient, Secure Withdrawal Management, Proviso Funding)
- Downstream contracts for Substance Abuse Block Grant (SABG) Priority Services (Pregnant & Parenting Women Housing Services (PPW), Individuals using Intravenous Drugs (IUID) Opiate Outreach)
- Downstream contracts for GF-S/SABG/Mental Health Block Grant (MHBG) Services within Available Resources (Mental Health & Substance Use Disorder Outpatient, SUD Residential, Triage Services)

The downstream contracts follow the HCA contract. The funding for the downstream contracts is included in the same amendment, which is why you will see the same numbered amendment under a different category of funding. The funding allocations for the downstream contracts will be developed over the next month.

Health Care Authority

K-6334 is providing the GF-S funding for the period of January 1, 2023, through December 31, 2023, and Federal Block Grant funds for the period of January 1, 2023, through June 30, 2024.

 New GF-S funding is expected for the period of July – December 2023, however the details have not been provided by HCA to date.

- HCA-NS BH-ASO-K-6334-Amendment 1 providing the ASO GF-S funding and legislative provisos for the period of January 1, 2023, through December 31, 2023, and Federal Block Grant Funding for the period of January 1, 2023, through June 30, 2024.
- K-6178 Housing and Recovery through Peer Support Services (HARPS) team providing permanent supportive housing services for individuals exiting or at risk of entering a behavioral healthcare setting.

Motion #XX-XX

■ HCA-NS BH-ASO-K-23 for the purpose of funding the HARPS team and HARPS subsidies. The maximum amount on this contract is \$616,440 with a term of July 1, 2023, through June 30, 2024.

GF-S Mandatory Services

The following contracts provide mandatory behavioral health services.

- Compass Health
 - Mobile Crisis Outreach, ITA services, Program for Assertive Community Treatment (PACT), Evaluation and Treatment Services, E&T Discharge Planners, Whatcom Triage Diversion Pilot, Child Youth and Family Crisis Outreach Team
- Snohomish County
 - o Mobile Crisis Outreach, ITA services
 - o Proviso Funding-Jail Transition Services, Designated Marijuana Account, Trueblood Funds
- Volunteers of America
 - o Toll Free Crisis Hotline
- Telecare
 - o Evaluation and Treatment Services, Discharge Planners
- American Behavioral Health Services (ABHS)
 - o Secure Withdrawal Management
- Lifeline Connections
 - o PACT
- Snohomish County Superior Court
 - o Juvenile Treatment Services
- Island County
 - Proviso Funding-Jail Transition Services, Trueblood Funds, Designated Marijuana
 Account
- San Juan County
 - o Proviso Funding-Jail Transition Services, Designated Marijuana Account
- Skagit County
 - o Proviso Funding-Jail Transition Services, Designated Marijuana Account, Trueblood Funds
- Whatcom County
 - o Proviso Funding-Jail Transition Services, Designated Marijuana Account, Trueblood Funds

- NS BH-ASO-Compass Health-ICCN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County-ICCN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-VOA-ICCN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Telecare-ICCN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ABHS-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County Superior Court-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-San Juan County-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Skagit County-Interlocal-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Substance Abuse Block Grant (SABG) & Mental Health Block Grant (MHBG) Priority Services

The following contracts are providing SABG priority Services:

- Brigid Collins
 - o Pregnant and Parenting Women (PPW) Housing Support Services
- Evergreen Recovery Centers
 - o PPW Housing Support Services
 - o Homeless Outreach and Stabilization Team (HOST)
- Catholic Community Services
 - o PPW Housing Support Services
- Compass Health
 - San Juan HARPS subsidies
 - o Certified Peers on Mobile Crisis Teams
- Therapeutic Health Services
 - o Medication Assisted Treatment
- Island County
 - o Opiate Outreach, HARPS subsidies
- Community Action of Skagit County
 - Opiate Outreach
- Snohomish County
 - o Opiate Outreach, HARPS subsidies
- Whatcom County
 - o Opiate Outreach
- Lifeline Connections
 - o Peer Pathfinder, Peer Pathfinder Incarceration Transition Pilot, HARPS Team with Skagit & Whatcom subsidies
- Telecare Corp.
 - o Peer Bridger Program, Peer Bridger Participant Relief Funds

- NS BH-ASO-Brigid Collins-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-CCS NW-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Compass Health-ICCN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-THS-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-CASC-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-MHBG-23 Amendment 1 to provide additional funding to the Peer Path Finder services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Telecare-MHBG-23 Amendment 1 to provide additional funding to Peer Bridger services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

GF-S/SABG/MHBG Services within Available Resources

- Compass Health
 - SUD outpatient services in San Juan County
 - o Snohomish & Whatcom County Triage Services
- Consejo Counseling and Referral Services
 - Mental health outpatient services
 - o Substance use outpatient services
- City of Mount Vernon
 - o Integrated co-responder outreach project
- Evergreen Recovery Centers

- Withdrawal Management Services
- o Mental Health Infant Specialist
- Island County
 - Co-Responder project
- Lifeline Connections
 - o SUD Outpatient services
 - o Recovery Housing
 - o HARPS team and subsidies serving Skagit & Whatcom Counties
- Lake Whatcom Center
 - o PACT
 - Mental Health outpatient services
 - Substance Use outpatient services
- Pioneer Human Services
 - o Island, Skagit & Whatcom withdrawal management services
 - o SUD residential services
- Sea Mar
 - Mental health outpatient services
 - o Substance use outpatient services
 - o SUD residential services
- Snohomish County
 - o Co-Responder project
- Sunrise Services
 - o Mental health outpatient services
 - o Substance use outpatient services
- Volunteers of America (VOA)
 - o Emergency Response for Suicide Prevention (ERSP)
 - o Peer Outreach follow up services
- Whatcom County
 - o Co-responder project

- NS BH-ASO-Compass Health-ICCN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Consejo-ICN-21-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-City of Mount Vernon-Interlocal-23 Amendment 1 to provide funding for the integrated co-responder team with the City of Mount Vernon Police Department. The contract term is June 1, 2022, through June 30, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an

automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

- NS BH-ASO-Island County-ICN-23 Amendment 1 to provide the funding for co-responder services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-LWC-ICN-19-22 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.
- NS BH-ASO-PHS-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.
- NS BH-ASO-Sea Mar-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County-ICCN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Sunrise Services-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-VOA-ICCN-23 Amendment 1 to provide the funding for emergency response suicide prevention follow up services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-23 Amendment 1 to provide the funding co-responder services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Department of Commerce-Behavioral Health Rental Assistance

This contract is a renewal of funding for Community Behavioral Health Rental Assistance (CBRA) for individuals exiting inpatient/residential services and in need of housing, the funding can be used for short-term and long-term housing, with the latter is the goal.

Motion #XX-XX

• Department of Commerce-NS BH-ASO-23 to provide the funding for rental assistance in the amount of \$1,366,830.00 for the period of January 1, 2024, through June 30, 2024.

The following motion is the downstream contracts allocating the rental assistance funds.

Motion #XX-XX

- NS BH-ASO-Bridgeways-CBRA-23 for the provision of 3 for CBRA program expenses. The contract term is November 1, 2021, through June 30, 2023, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Compass Health-CBRA-23 for the provision of 3 for CBRA program expenses. The contract term is November 1, 2021, through June 30, 2023, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-CBRA-23 for the provision of 2f or CBRA program expenses. The contract term is November 1, 2021, through June 30, 2023, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lake Whatcom Center-CBRA-23 for the provision of 3 for CBRA program expenses. The contract term is November 1, 2021, through June 30, 2023, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Pioneer Human Services-CBRA-23 for the provision of 3 for CBRA program expenses. The contract term is November 1, 2021, through June 30, 2023, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

Helping Hands Project Organization

Helping Hands Project Organization is a Behavioral Health Agency emphasize serving elders and people of color in Snohomish County.

NS BH-ASO-Helping Hands Project-23 for the provision of outpatient services in Snohomish County, this is a Fee for Service contract. The contract term is January 1, 2024, through June 30, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

Margaret gave an overview of the Introduction Items that will be motions next month. Any questions, please email or call her.

A contract will be developed, and the Board will vote on the contract.

The other topics that were included in the Executive Director's Report were:

- LEGISLATIVE UPDATE
- BEHAVIORAL HEALTH SYSTEM COORDINATION COMMITTEE-NETWORK ADEQUACY WORKGROUP
- CRISIS SERVICES UPDATE
- PROJECTED OPERATING DEFICIT FOR THE NORTH SOUND BEHAVIORAL HEALTH TREATMENT CENTER IN EVERETT UPDATE
- HB 1688 AND THE BALANCED BILLING ACT UPDATE
- BEHAVIORAL HEALTH NEEDS ASSESSMENT UPDATE

Adjourn: It was noted that there will be no meeting in July

Next Meeting: June 8th, 2023



Advisory Board Brief

June 7, 2023

The Advisory Board met on June 6, and the following items were discussed:

— Advisory Board

- Ellen Schweigert, Sedro-Woolley Senior Center Director and Renee Corcoran, Senior Program Manager Skagit County Public Health, presented on Skagit County Senior Services.
- Pat Morris, Consultant provided an update on the Crisis Services User Experience project. At a previous meeting Pat asked members to share words that described a golden standard system. The words collected were incorporated into the mission statement.
- Margaret Rojas and Lisa Hudspeth provided an overview of the Federal Block grants.
 Members were asked to provide feedback. Motion made to approve the Federal Block Grants allocations and move forward to the Board of Directors for approval.
 All in favor. Motion carried.
- Discussion began regarding a possible contract with the DREI consultants to assist in incorporating DREI recommendations into the Boards strategic plan. Further discussion will occur during the August meeting.
 - Increase the Boards diversity by reevaluating operational and meeting policies that will make it easier for more diverse members to participate and contribute.
 - Establish DREI knowledge, skill and ability goals for new and existing Board members.
 - Implement DREI training and retraining to reinforce the principles and practices including at Board retreats.
- County Coordinator scheduling will begin in the Fall. One county each month will be scheduled to attend a Board meeting. This is to help improve communication, educate on the Boards meeting operations, recruitment efforts, and to provide county updates.
- A Tribal Land Acknowledgement was proposed. The land acknowledgement was developed by Tribal Leaders. Further discussion to take place during the August meeting.

— Executive Director

- The Executive Director reported on
 - Final Legislative Update
 - Behavioral Health System Coordination Committee-Network Adequacy Workgroup
 - Crisis Services Update
 - Projected Operating Deficit for the North Sound Behavioral Health Treatment Center in Everett – Update
 - Everett Heald Article on the "Hands Up" Project
 - Recovery Navigator Program Success Stories
 - Snohomish County Council Approves Conditional Use Permit for Stanwood Psychiatric Facility
- The Action Items were passed and recommended to the Board of Directors.

— Finance/Executive Committee

— The May Expenditures were passed and recommended to the Board of Directors for approval.

— Advisory Board Resignation and Membership

- Island County
 - Newly appointed member Mark Pederson.
 - No vacancies
- Whatcom County
 - No vacancies
- Snohomish County
 - 4 vacancies
- San Juan County
 - 3 vacancies
- Skagit County
 - 2 vacancies

North Sound Behavioral Health Administrative Services Organization June 8th, 2023, Board of Directors Financial Notes

HIGHLIGHTS

- 1. The Budget to Actuals overall is running just about even. The Crisis Services appears to be slightly increasing with most of the variance due to late billings received in January. Most of the large positive expense variances are due to programs not running yet. The bottom line shows us running just a bit under budget. As a note we have received our ARPA funding budget which basically replaces the Covid block grant funds, the percentage has shifted more towards Mental Health and decreased the SABG allocation.
- 2. The Revenue and Expense statement is looking good at the end of May, the SABG fund balance is running a large negative but has improved over last month. Our revenues are still covering our expenses. I finished the 3/31/23 R&E report for the State, that analysis shows that most of our State fund balance is tied to Proviso dollars, our available general fund balance increased to \$6,758,474.67 mostly due to the recapture of some MCO retro payments. Our Minimum Reserve requirement is \$3,090,242.00.
- 3. The one thing to note is the Medicaid fund balance, I adjusted it to the R&E balance at 12/31/22. I would guess that at this point the Medicaid fund balance is a lot closer to running even but this month we received a large retro payment from one of the MCOs which makes their fund balance a little larger, on the R&E I will recapture that amount and put it back to State funds since we originally covered the shortfall.
- 4. Last month we added a worksheet showing the January to June projections. The main thing of note is that we are projecting an increase to our GFS fund balance which is partly due to our 7% rate increase. We project a GFS fund balance of \$8,103,099 at the end of June. I did an analysis of the ending fund balance and it appears we are running an available balance of about \$238,000 per month.

NOTES

- 1. We are presenting the financial statements for May 2023 for the Behavioral Health Administrative Services Organization (ASO).
- 2. These monthly statements are prepared for the Board's use only. They provide a snapshot of expenses and revenue for a single calendar month compared with a hypothetical "year to date" projection. However, neither revenues nor expenditures occur on an equal 1/12 amount each month.

- 3. The North Sound BH-ASO adopts "calendar year" budgets, but the allocations from the state are done on a state fiscal year basis [with adjustments every 6 months]. The exceptions are Federal Block Grant Funds which are allocated for the entire fiscal year.
- 4. Revenues and expenses are managed independently within each of the major fund categories: Medicaid, State General Fund, Mental Health Block Grant, Substance Abuse Block Grant, and SAMHSA [a direct grant we receive from the federal government for our rural Medication Assistance Treatment program].
- 5. Within 'State General Funds', allocations are further subdivided between general state funds, and the multiple "Proviso" funds allocated for specific services.
- 6. We have added two new lines at the bottom of the "Revenue and Expense" tab which shows the beginning and ending fund balance within each fund category for the state fiscal year. I also added some additional lines at the bottom to show the Net Income from Operations before the transfer of funds to the BHO.
- 7. The Budget to Actuals statement includes notes on areas where there is a variance between the hypothetical year to date budget and actual revenues and expenditures. I also added additional lines at the bottom to show the transfer of funds separate from the normal operations.

NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICE ORGANIZATION PRELIMINARY REVENUE and EXPENSE STATEMENT for MAY 2023* BUDGET TO ACTUALS

									_
				YTD		YTD		Variance	
REVENUES		2023		2023		2023]	Favorable	
Intergovernmental Revenues		Budget		Budget		Actual	(U	nfavorable)	
HRSA	\$	333,333		138,889		87,398		(51,491))
MHBG		2,458,494		1,024,373		1,040,967		16,595	
SABG		4,679,433		1,949,764		1,628,421		(321,342)	
State Funds		27,132,680		11,305,283		11,241,158		(64,125)	
Medicaid (MCO)		8,751,820		3,646,592		4,031,674		385,083	
Total Intergovernmental Revenues		43,355,760		18,064,900		18,029,619		(35,281)	,
Misc. Revenue **		0		0		12,525		12,525	
Interest Revenue		10,000		4,167		86,696		82,529	
TOTAL REVENUES	\$	43,365,760	\$	18,069,067	\$	18,128,841	\$	59,774	
EXPENDITURES									
Inpatient Treatment	\$	1,550,000		645,833	\$	341,456		304,378	Received a large refund
ITA Judicial		2,700,000		1,125,000		1,021,110		103,890	
Crisis Services		13,107,246		5,461,352		6,041,702		(580,350)	Some late billings, increased expense
Crisis Teams - Children & Youth		2,034,097		847,540		0		847,540	
Co-Responder		972,456		405,190		267,837		137,353	
MH Crisis Stabilization		1,950,000		812,500		962,184		(149,684)	Front loaded Snohomish expense
E&T Services		1,340,000		558,333		549,144		9,190	·
E&T Discharge Planner		107,294		44,706		118,482		(73,776)	Expense is more then Proviso
Jail Services		367,536		153,140		102,862		50,278	
PACT Services		1,032,564		430,235		382,875		47,360	
Assisted Outpatient Treatment		236,844		98,685		0		98,685	
Trueblood		223,944		93,310		143,889		(50,579)	Some prior year bills at old rate
BH Enhancement Funds		779,188		324,662		78,934		245,728	
HOST		1,205,100		502,125		480,213		21,913	
Peer Bridger		240,000		100,000		72,274		27,726	
MHBG Expenditures ***		511,644		213,185		446,206		(233,021)	Late PATH billings
HARPS Housing		616,440		256,850		385,532		(128,682)	Late billings and contract increase
DOC Housing		1,366,830		569,513		832,430		(262,918)	Two amendments increased avaliable expense
DMA County Contracts		581,292		242,205		177,361		64,844	
Recovery Navigator		2,541,340		1,058,892		922,187		136,704	
Opiate Dependency Outreach		816,632		340,263		360,915		(20,652)	
PPW Housing Support Services		492,038		205,016		235,146		(30,131)	
SABG Expenditures ****		1,616,767		673,653		352,342		321,311	
Withdrawal Management		1,358,000		565,833		815,900		(250,067)	
HRSA		301,416		125,590		169,295		(43,706)	
Juvenile Drug Court		139,800		58,250		62,102		(3,852)	
Other MH Services *****		513,008		213,753		527,025		8 20 8	Increased outpatient services, late billing for school services
Other SUD Services		238,017		99,174		64,187		34,987	Aller and the second se
Advisory Board		19,996		8,332		1,454		6,878	
Subtotal - Services	_	38,959,488		16,233,120		15,915,047		318,073	- -
Administration		4,406,272		1,835,947		1,974,953		(139 006)	Increased Professional Services, Increased Computer Supplies
TOTAL EXPENDITURES	-\$	43,365,760	\$	18,069,067	\$	17,890,000	\$	179,067	
	100	,,	*	,,,	~	- ,, - , - , - 0 0	*	1,7,001	

Excess of Revenues Over (Under) Expenditure.

\$ 238,841

^{*} THIS IS AN UNAUDITED STATEMENT

^{*} Medicaid and State revenue are paid in advance. MHBG, SABG and SAMHSA revenue are paid on an expense reimbusement method. Expenses are recognized when the bill is received.

^{**} Room Rental Fees, Tribal Conference, Salish Contract

^{***} Includes COVID, PATH and other FBG services. Does not include Crisis or E&T

^{****} Includes Peer Pathfinder and other SABG expenses. Does not include Crisis

NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICE ORGANIZATION PRELIMINARY REVENUE and EXPENSE STATEMENT for MAY 2023*

	YTD	YTD	YTD	YTD	YTD	YTD
REVENUES	2022	2022	2022	2022	2022	2022
Intergovernmental Revenues	Totals	Medicaid	State	MHBG	SABG	HRSA
HRSA	87,398	Medicaid	State	Миро	SHOG	87,398
MHBG	1,040,967			1,040,967		07,570
SABG	1,628,421			1,040,507	1,628,421	
State Funds	11,241,158		11,241,158		1,020,421	
Medicaid (MCO)	4,031,674	4,031,674	11,241,136			
Total Intergovernmental Revenues	18,029,619	4,031,674	11 241 150	1,040,967	1 629 421	97 209
Misc. Revenue **	12,525	4,031,074	11,241,158 12,525		1,628,421	87,398
Interest Revenue			100			
	86,696	0 4021 (74	86,696	£ 1.040.067	e 1 (20 421	¢ 07.200
TOTAL REVENUES	\$ 18,128,841	\$ 4,031,674	\$ 11,340,379	\$ 1,040,967	\$ 1,628,421	\$ 87,398
EXPENDITURES						
200 20 20 20 20 20 20 20 20 20 20 20 20	\$ 341,456		\$ 341,456			
Inpatient Treatment						
ITA Judicial	1,021,110	2 405 521	1,021,110	100 156	505 500	
Crisis Services	6,041,702	3,407,721	1,996,215	102,176	535,590	
Crisis Teams - Children & Youth	0		0			
Co-Responder	267,837			201,027	66,810	
MH Crisis Stabilization	962,184		717,333	244,851		
E&T Services	549,144		549,144			
E&T Discharge Planner	118,482		118,482			
Jail Services	102,862		102,862			
PACT Services	382,875		382,875			
Assisted Outpatient Treatment	. 0		0			
Trueblood	143,889		143,889			
BH Enhancement Funds	78,934		78,934			
HOST	480,213		480,213			
Peer Bridger	72,274			72,274		
MHBG Expenditures ***	446,206			446,206		
HARPS Housing	385,532		385,532			
DOC Housing	832,430		832,430			
DMA County Contracts	177,361		177,361			
Recovery Navigator	922,187		922,187			
Opiate Dependency Outreach	360,915				360,915	
PPW Housing Support Services	235,146				235,146	
SABG Expenditures ****	352,342				352,342	
Withdrawal Management	815,900		540,176		275,724	
HRSA	169,295		,		,	169,295
Juvenile Drug Court	62,102		62,102			107,275
Other MH Services *****	527,025		527,025			
Other SUD Services	64,187		64,187			
Advisory Board	1,454					
Subtotal - Services	15,915,047	3,407,721	9,444,968	1,066,536	1,826,527	169,295
Subtotal - Services	13,913,047	3,407,721	9,444,908	1,000,330	1,020,327	109,293
Administration	1,974,953	422,876	1,531,068			21,008
TOTAL EXPENDITURES	\$ 17,890,000	\$ 3,830,597	\$ 10,976,036	\$ 1,066,536	\$ 1,826,527	\$ 190,304
TOTAL EM ENDITURES	Ψ 17,090,000	Ψ 3,030,391	Ψ 10,970,030	Ψ 1,000,000	Ψ 1,020,327	Ψ 170,304
Net Income	\$ 238,841	\$ 201,078	\$ 364,343	\$ (25,568)	\$ (198,106)	\$ (102,906)
				The second second	100000000000000000000000000000000000000	1526 2 500
Beginning Fund Balance 12/31/22	15,064,689	30,506	15,928,915	(187,767)	(653,818)	(53,147)
Ending Fund Balance	15,303,529	231,584	16,293,257	(213,336)	(851,923)	(156,053)
Flexible GFS balance at 12/31/22			5,867,801			
Note: State Fund Balance also includes P	rovice Fund Rala	nees which are	legionated for ene	ecific expenditure	20	

Note: State Fund Balance also includes Proviso Fund Balances which are designated for specific expenditures

 * This is an unaudited statement

^{*} Medicaid and State revenue are paid in advance. MHBG, SABG and SAMHSA revenue are paid on an expense reimbusement method. Expenses are recognized when the bill is received.

^{**} Room Rental Fees, Tribal Conference, Salish Contract

^{***} Includes COVID, PATH and other FBG services. Does not include Crisis or E&T

^{****} Includes Peer Pathfinder and other SABG expenses. Does not include Crisis

^{*****} Includes CORS, FYSPRT, Outpatient Services, PATH match

NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICE ORGANIZATION PROJECTED REVENUE and EXPENSE STATEMENT for JANUARY to JUNE 2023* BUDGET TO ACTUALS

NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICE ORGANIZATION PROJECTED REVENUE and EXPENSE STATEMENT for JANUARY to JUNE 2023*

		YTD	YTD	Variance]	YTD	YTD	YTD	YTD	YTD	YTD	YTD
REVENUES	2023	2023	2023	Favorable	REVENUES	2023	2023	2023	2023	2023	2023	2023
Intergovernmental Revenues	Budget	Budget	Actual	(Unfavorable)	Intergovernmental Revenues	Totals	Medicaid	State - GFS	Provisos	MHBG	SABG	HRSA
HRSA	\$ 333,333	166,667	208,827	42,161	HRSA	208,827						208,827
MHBG	2,458,494	1,229,247	1,327,274	98,027	MHBG	1,327,274				1,327,274		
SABG	4,679,433	2,339,716	2,307,120	(32,596)	SABG	2,307,120					2,307,120	
State Funds	27,132,680	13,566,340	13,194,367	(371,973)	Does not include annu State Funds	13,194,367		8,672,184	4,522,183			
Medicaid (MCO)	8,751,820	4,375,910	4,277,847	(98,063)	Medicaid (MCO)	4,277,847	4,277,847					
Total Intergovernmental Revenues	43,355,760	21,677,880	21,315,436	(362,444)	Total Intergovernmental Revenues	21,315,436	4,277,847	8,672,184	4,522,183	1,327,274	2,307,120	208,827
Misc. Revenue **	0	0	0	-	Misc. Revenue **	0		0				50-70-00 - 00-00-0
Interest Revenue	10,000	5,000	35,777	30,777	Interest Revenue	35,777		35,777				
TOTAL REVENUES	\$ 43,365,760	\$ 21,682,880	S 21,351,213			\$ 21,351,213	\$ 4,277,847	S 8,707,961	S 4,522,183	S 1,327,274	\$ 2,307,120	\$ 208,827
EXPENDITURES					EXPENDITURES							
Inpatient Treatment	\$ 1,550,000	775,000	\$ 621,088	153,912	Inpatient Treatment	S 621,088		\$ 621,088				
ITA Judicial	2,700,000	1,350,000	1,052,660	297,340	ITA Judicial	1,052,660		986,480	66,180			
Crisis Services	13,107,246	6,553,623	6,314,319	239,304	Crisis Services	6,314,319	3,385,338	1,363,221	137,190	738,878	689,693	
Crisis Teams - Children & Youth	2,034,097	1,017,048	0	1,017,048	Crisis Teams - Children & Youth	0		0				
Co-Responder	972,456	486,228	114,034	372,194	Co-Responder	114,034				57,017	57,017	
MH Crisis Stabilization	1,950,000	975,000	1,004,011	(29,011)	MH Crisis Stabilization	1,004,011		611,428		392,583		
E&T Services	1,340,000	670,000	582,375	87,625	E&T Services	582,375		582,375				
E&T Discharge Planner	107,294	53,647	99,634	(45,987)	E&T Discharge Planner	99,634		45,987	53,647			
Jail Services	367,536	183,768	157,864	25,904	Jail Services	157,864			157,864			
PACT Services	1,032,564	516,282	313,930	202,352	PACT Services	313,930			313,930			
Assisted Outpatient Treatment	236,844	118,422	0	118,422	Assisted Outpatient Treatment	0		0	3000			
Trueblood	223,944	111,972	197,720	(85,748)		197,720			197,720			
BH Enhancement Funds	779,188	389,594	496,109	(106,515)	BH Enhancement Funds	496,109			496,109			
HOST	1,205,100	602,550	532,803	69,748	HOST	532,803			532,803			
Peer Bridger	240,000	120,000	91,671	28,329	Peer Bridger	91,671				91,671		
MHBG Expenditures ***	511,644	255,822	198,881	56,942	MHBG Expenditures ***	198,881				198,881		
HARPS Housing	616,440	308,220	232,461	75,759	HARPS Housing	232,461			232,461			
DOC Housing	1,366,830	683,415	1,175,501	(492,086)		1,175,501			1,175,501			
DMA County Contracts	581,292	290,646	275,177	15,470	DMA County Contracts	275,177			275,177			
Recovery Navigator	2,541,340	1,270,670	660,292	610,378	Recovery Navigator	660,292			660,292			
Opiate Dependency Outreach	816,632	408,316	550,738	(142,422)	Opiate Dependency Outreach	550,738					550,738	
PPW Housing Support Services	492,038	246,019	181,226	64,793	PPW Housing Support Services	181,226					181,226	
SABG Expenditures ****	1,616,767	808,383	545,128	263,256	SABG Expenditures ****	545,128					545,128	
Withdrawal Management	1,358,000	679,000	766,384	(87,384)	Withdrawal Management	766,384		336,217	173,478		256,689	
HRSA	301,416	150,708	181,160	(30,452)	HRSA	181,160						181,160
Juvenile Drug Court	139,800	69,900	90,784	(20,884)	Juvenile Drug Court	90,784			90,784			-
Other MH Services *****	513,008	256,504	450,885	(194,381)	Other MH Services *****	450,885		450,885	0,000,000			
Other SUD Services	238,017	119,009	158,761	(39,753)		158,761		158,761				
Advisory Board	19,996	9,998	6,787	3,211	Advisory Board	6,787			6,787			
Subtotal - Services	38,959,488	19,479,744	17,052,381	2,427,363	Subtotal - Services	17,052,381	3,385,338	5,156,443	4,569,921	1,479,030	2,280,490	181,160
		,,	,						3-37-3-			
Administration	4,406,272	2,203,136	1,919,085	284,051	Administration	1,919,085	380,988	1,316,220	187,283			34,594
TOTAL EXPENDITURES	\$ 43,365,760	\$ 21,682,880	\$ 18,971,467	\$ 2,711,414	TOTAL EXPENDITURES	\$ 18,971,467	\$ 3,766,325	\$ 6,472,663	\$ 4,757,204	\$ 1,479,030	\$ 2,280,490	\$ 215,754
	ti e											
Excess of Revenues Over (Under) Ex	penditure.		\$ 2,379,747		Net Income	\$ 2,379,747	\$ 511,522	\$ 2,235,298	\$ (235,021)	\$ (151,755)	\$ 26,631	\$ (6,926)
* THIS IS AN UNAU	DITED STATEM	IENT										
					Beginning Fund Balance 12/31/22	15,064,689	30,506	5,867,801	10,061,114	(187,767)	(653,818)	(53,147)
* * * * * * * * * * * * * * * * * * * *		MUDG CARG -			P. P. Int	17 111 125	F 12 020	0 102 000	0.037.003	(220 522)	1/22 1021	150 07 1

Ending Fund Balance

542,028

8,103,099

9,826,092

(339,523)

(627,187)

(60,074)

17,444,435

^{*} Medicaid and State revenue are paid in advance, MHBG, SABG and SAMHSA revenue are paid on an expense reimbusement method. Expenses are recognized when the bill is received.

** Room Rental Fees, Tribal Conference, Salish Contract

*** Includes COVID, PATH and other FBG services, Does not include Crisis or E&T

**** Includes Peer Pathfinder and other SABG expenses. Does not include Crisis

**** Includes CORS, FYSPRT, Outpatient Services, PATH match

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^{*} THIS IS AN UNAUDITED STATEMENT

^{*} Medicaid and State revenue are paid in advance. MHBG, SABG and SAMHSA revenue are paid on an expense

reimbusement method. Expenses are recognized when the bill is received.

** Room Rental Fees, Tribal Conference, Salish Contract

*** Includes COVID, PATH and other FBG services. Does not include Crisis or E&T

^{****} Includes Peer Pathfinder and other SABG expenses. Does not include Crisis
***** Includes CORS, FYSPRT, Outpatient Services, PATH match

NORTH SOUND BH-ASO Warrants Paid May 2023

Туре	Date	Num	Name	Amount
Bill Pmt -Check	05/05/2023	563061	Catholic Community Services	-8,265.09
Bill Pmt -Check	05/05/2023	563074	Compass Health	-213,094.85
Bill Pmt -Check	05/05/2023	563250	Department of Retirement Serv	-25.00
Bill Pmt -Check	05/05/2023	563048	Fairfax Hospital	-19,944.12
Bill Pmt -Check	05/05/2023	563196	Haggen/Safeway	-7.59
Bill Pmt -Check	05/05/2023	563106	Herd Freed Hartz	-13,000.00
Bill Pmt -Check	05/05/2023	563116	Island County Human Services	-107,704.90
Bill Pmt -Check	05/05/2023	563147	Lifeline Connections	-96,169.14
Bill Pmt -Check	05/05/2023	563183	Providence-Everett	-3,392.45
Bill Pmt -Check	05/05/2023	563210	Skagit County Public Health	-30,459.06
Bill Pmt -Check	05/05/2023	563248	Smokey Point Behavioral Hosp	-19,041.48
Bill Pmt -Check	05/05/2023	563216	SRS Property Management	-11,280.56
Bill Pmt -Check	05/05/2023	563229	Telecare Corporation	-10,406.09
Bill Pmt -Check	05/05/2023	563235	Therapeutic Health Services	-29,091.22
Bill Pmt -Check	05/05/2023	563233	Tulalip Tribes	-9,380.70
Bill Pmt -Check	05/05/2023	563031	Wellfound Behavioral Health H	-14,067.54
Bill Pmt -Check	05/05/2023	563256	Whatcom County Health Depa	-88,332.00
Bill Pmt -Check	05/12/2023	563333	Bridgeways	-27,020.90
Bill Pmt -Check	05/12/2023	563338	Cascade Behavioral Hospital L	-108,606.96
Bill Pmt -Check	05/12/2023	563353	Compass Health	-29,680.00
Bill Pmt -Check	05/12/2023	563354	Consejo Counseling	-1,371.68
Bill Pmt -Check	05/12/2023	563364	Davenport Group Inc	-6,506.24
Bill Pmt -Check	05/12/2023	563478	Drake, Megan-reimbursement	-102.50
Bill Pmt -Check	05/12/2023	563397	Frontline Cleaning Services LL	-1,060.00
Bill Pmt -Check	05/12/2023	563461	Lake Whatcom Center	-53,194.73
Bill Pmt -Check	05/12/2023	563468	Lifeline Connections	-20,271.00
Bill Pmt -Check	05/12/2023	563403	Lippman, Glenn	-4,375.00
Bill Pmt -Check	05/12/2023	563500	Morris Consulting	-800.00
Bill Pmt -Check	05/12/2023	563497	Office Depot	-58.62
Bill Pmt -Check	05/12/2023	563481	Osborne, Michelle, JD Associa	-1,500.00
Bill Pmt -Check	05/12/2023	563504	Pioneer Center	-15,208.56
Bill Pmt -Check	05/12/2023	563508	Providence-Everett	-6,757.98
Bill Pmt -Check	05/12/2023	563593	Smokey Point Behavioral Hosp	-4,231.44
Bill Pmt -Check	05/12/2023	563556	Snohomish Co Human Service	-411,475.68
Bill Pmt -Check	05/12/2023	563557	Snohomish Co Juvenile	-12,150.23
Bill Pmt -Check	05/12/2023	563605	Whatcom County Health Depa	-45,078.70
Bill Pmt -Check	05/19/2023	563622	Access	-1,183.69
Bill Pmt -Check	05/19/2023	563648	Bridgeways	-74,456.29
Bill Pmt -Check	05/19/2023	563650	Carasoft Technology Corp	-9,151.67
Bill Pmt -Check	05/19/2023	563654	CDW-G	-47,152.93
Bill Pmt -Check	05/19/2023	563667	Comcast	-391.93

NORTH SOUND BH-ASO Warrants Paid May 2023

Bill Pmt -Check	05/19/2023	563668	Compass Health	-182,904.60
Bill Pmt -Check	05/19/2023	563669	Consejo Counseling	-2,228.25
Bill Pmt -Check	05/19/2023	563898	Culligan NW	-61.41
Bill Pmt -Check	05/19/2023	563676	Davenport Group Inc	-2,872.32
Bill Pmt -Check	05/19/2023	563680	Dimensional Communicaions I	-1,970.91
Bill Pmt -Check	05/19/2023	563643	Fairfax Hospital	-30,628.47
Bill Pmt -Check	05/19/2023	563699	Firstline Communications (All F	-1,138.20
Bill Pmt -Check	05/19/2023	563705	Great Rivers BH	-12,051.00
Bill Pmt -Check	05/19/2023	563756	Lake Whatcom Center	-5,183.91
Bill Pmt -Check	05/19/2023	563767	Lifeline Connections	-7,987.00
Bill Pmt -Check	05/19/2023	563852	Maharaj-Lewis, Starleen	-225.00
Bill Pmt -Check	05/19/2023	563793	Office Depot	-87.62
Bill Pmt -Check	05/19/2023	563824	Sea Mar	-12,870.00
Bill Pmt -Check	05/19/2023	563851	Spokane County BHO	-725.00
Bill Pmt -Check	05/19/2023	563865	Therapeutic Health Services	-4,935.42
Bill Pmt -Check	05/19/2023	563735	Valentine, Joe - Reimb	-108.00
Bill Pmt -Check	05/19/2023	563885	Valley Cities Counseling	-10,863.32
Bill Pmt -Check	05/19/2023	563894	WA State Ferries	-8.90
Bill Pmt -Check	05/19/2023	563900	Wave Business	-601.20
Bill Pmt -Check	05/19/2023	563904	Whatcom Co Superior Court	-11,360.00
Bill Pmt -Check	05/25/2023	563918	A-1 Mobile Lock & Key	-1,536.69
Bill Pmt -Check	05/25/2023	563923	American Psychiatric Associati	-5,420.42
Bill Pmt -Check	05/25/2023	563928	Bridgeways	-31,948.77
Bill Pmt -Check	05/25/2023	563929	Brigid Collins	-8,514.72
Bill Pmt -Check	05/25/2023	563939	Community Action of Skagit Co	-58,474.24
Bill Pmt -Check	05/25/2023	563940	Compass Health	-267.50
Bill Pmt -Check	05/25/2023	563941	Copy & Print Store	-43.52
Bill Pmt -Check	05/25/2023	563963	Lake Whatcom Center	-21,473.09
Bill Pmt -Check	05/25/2023	563966	Lifeline Connections	-23,951.12
Bill Pmt -Check	05/25/2023	563972	Mount Baker Presbyterian Chu	-1,942.94
Bill Pmt -Check	05/25/2023	563977	NW ESD 189	-7,711.10
Bill Pmt -Check	05/25/2023	563980	Office Depot	-138.69
Bill Pmt -Check	05/25/2023	563984	Pioneer Center	-294,400.89
Bill Pmt -Check	05/25/2023	563995	SHI	-527.31
Bill Pmt -Check	05/25/2023	564004	Snohomish Co Prosecuter	-97,218.98
Bill Pmt -Check	05/25/2023	564010	Telecare Corporation	-62,862.39
Bill Pmt -Check	05/25/2023	564013	Tulalip Tribes	-7,377.71
Bill Pmt -Check	05/30/2023	IGT	Skagit County Auditor	-3,500.00
			_	-2,471,569.13
			-	-2,471,569.13
			-	-2,471,569.13
			=	



Mental Health Block Grant 2023-24

Summary of Changes

Introduction

The below is an overview of the changes for the 2023-24 North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) *Mental Health Block Grant (MHBG) Plan* in comparison to the 2022 – 2023 MHBG Plan. North Sound BH-ASO has a total of \$1,186,032 MHBG funds for the 2023 – 2024 plan.

Changes/updates are based upon the following:

- There are no changes to funding allocations from the previous year at this time
- Reallocation of funds from categories are due to either:
 - o Lack of expenditures (billings received from providers)
 - o Consolidation of funding from multiple grants to simplify fiscal processes
 - Example: In 2022 2023, North Sound BH-ASO had co-responder funding in our regular MHBG and SABG plans AND our COVID MHBG and SABG block grant plans. All funding for co-responder will now be consolidated into our regular MHBG and SABG plans.

Summary of Changes

Category	Subcategory	2023-2024 Allocation	2022-2023 Allocation	Overview
Engagement Services	Outreach	\$0	\$75,000	 Reduction of \$75,000 (moved) The previous amount was specified for Mount Vernon Police Department This previous amount is included below under Co-Responder.
Community Support (Rehabilitative)	Traditional Healing Services	\$74,850	\$74,850	 No change Services continue to be provided by Family Haven of the Tulalip Tribes
Out of Home Residential Services	Crisis Residential/Stabilization	\$311,182	\$470,00	 Reduction of \$158,818 Reduction is based on fewer facilities (2 vs. 3) and lower than anticipated billings
Acute Intensive Services	Mobile Crisis	\$0	\$566,182	 Reduction of \$566,182 (moved) Consolidation of mobile crisis to ARPA MHBG, which has a specific allocation for crisis services
Co-Responder	N/A	\$800,000	N/A	 Co-Responder is a new category for MHBG This amount includes funding for both current co-responder programs and anticipated new/expansion proposals.
Total		\$1,186,032	\$1,186.032	



Substance Abuse Block Grant 2023-24

Summary of Changes

Introduction

The below is an overview of the changes for the 2023-2024 North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) *Substance Abuse Block Grant (SABG) Plan* in comparison to the 2022 – 2023 SABG Plan. North Sound BH-ASO has a total of \$3,314,438 SABG funds for the 2023 – 2024 plan.

Changes/updates are based upon the following:

- There are no changes to funding allocations from the previous year at this time
- Reallocation of funds from categories are due to either:
 - o Lack of expenditures (billings received from providers)
 - o Consolidation of funding from multiple grants to simplify fiscal processes
 - Example: In 2022 2023, North Sound BH-ASO had co-responder funding in our regular MHBG and SABG plans AND our COVID MHBG and SABG block grant plans. All funding for co-responder will now be consolidated into our regular MHBG and SABG plans.

Summary of Changes

Category	Subcategory	2023-2024 Allocation	2022 –2023 Allocation	Overview
Prevention & Wellness	Outreach to Individuals Using Intravenous Drugs (IUID)	\$816,632	\$816,632	 No change in amount Pregnant and Parenting Women (PPW) included
Engagement Services	Engagement & Referral	\$668,806	\$1,016,768	 Decrease of \$347,962.00 Funds decreased based upon billings received from providers Previous amount included funding for Mount Vernon Police Department, which is now included under Co-Responder Reallocated funds moved to Co-Responder
Outpatient Services	Medication Assisted (MAT) – Opioid Substitution Treatment	\$200,000	\$290,000	 Decrease of \$90,000 Funds decreased based upon billings received from providers Reallocated funds moved to Co-Responder
Community Support (Rehabilitative)	Case Management	\$200,000	N/A	 NEW allocation from reallocated Housing Assistance (below)
Community Support (Rehabilitative)	Recovery Housing	\$229,000	\$229,000	No change in amountASO continuing funding until utilization increases

Category	Subcategory	2023-2024 Allocation	2022 – 2023 Allocation	Overview
Other Support (Habilitative)	PPW Housing Support Services	\$400,000	\$492,038	 Decrease of \$92,038.00 Funds decreased based upon lack of billings from providers Reallocated funds moved to Crisis Services Residential/Stabilization (below)
Other Support (Habilitative)	Housing Assistance	\$0	\$200,000	Decrease in \$200,000Funding has been reallocated to Case Management above
Out of Home Residential Services	Sub-acute Withdrawal Management	\$0	\$105,000	 Decrease of \$105,000 Reallocated funds moved to Crisis Services Residential/Stabilization (below)
Out of Home Residential Services	Crisis Services Residential/Stabilization	\$400,000	N/A	 New allocation of \$400,000 Includes reallocation from Subacute Withdrawal Management (above) and Intensive Inpatient Residential Treatment (below)
Out of Home Residential Services	Intensive Inpatient Residential Treatment	\$0	\$55,000	 Decrease of \$55,000 Reallocated funds moved to Crisis Services Residential/Stabilization (above)
Acute Intensive Services	Acute Withdrawal Management	\$0	\$40,000	Decrease of \$40,000Service will be funded via ARPA
Co-Responder	N/A	\$400,000	N/A	 Co-Responder is a new category for SABG This amount includes funding for both current co-responder programs and anticipated new/expansion proposals.
Total		\$3,314,438	\$3,314,438	



American Rescue Plan Act (ARPA)

Mental Health Block Grant (MHBG)

Introduction

The below is an overview of the *American Rescue Plan Act (ARPA) Mental Health Block Grant (MHBG) (ARPA MHBG)* Plan for the North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO). North Sound BH-ASO has a total of \$2,528,571 ARPA MHBG funds to be expended by September 30, 2025.

Project Summaries and Expenditures

Category	Subcategory	Allocation	Overview
SAMHSA ARPA Recommended Enhancement	Crisis System	\$150,000	 Develop partnerships with the emerging Suicide Lifeline (9-8-8) systems, Law Enforcement, EMS, health care providers, housing authorities, Housing and Urban Development (HUD) Continuum of Care, hospital systems, peer-based recovery organizations, and substance use specific treatment providers
SAMHSA ARPA Recommended Enhancement	Crisis Services	\$300,000	 Stabilization for Mobile Response Stabilization Services (MRSS) for children and youth
SAMHSA ARPA Recommended Enhancement	Assisted Outpatient Treatment (AOT) Services	\$300,000	 Expand Assisted Outpatient Treatment (AOT) services
Community Support (Rehabilitative)	Case Management	\$200,000	Community Behavioral Health Rental Assistance (CBRA) Case Management for persons who are ineligible for other funding sources, such as ALTSA, Community Foundation Supports, etc.
Recovery Support Services	Peer Support	\$50,000	 Use towards needs identified from certified peer counselor (CPC) survey
Recovery Support Services	Recovery Support Center Services	\$300,000	 Assist Recovery Support Services in region with identified needs
Intensive Support Services	Multi-Systemic Therapy	\$100,000	Continued funding for Snohomish County Juvenile Court programming
Non-Direct Activities	Workforce Development/Conferences	\$298,453	 Support activities necessary to plan, carry out, and evaluate this plan, including training, travel and per diem for peer reviewers, logistics cost for conferences, and conducting needs assessments
Crisis Services Set Aside	Mobile Crisis Services	\$400,000	 Specific allocation from HCA totaling \$560,218 for crisis services (\$160,218 allocated to Crisis Line - below)

Category	Subcategory	Allocation	Overview
Crisis Services Set Aside	Crisis Lines	\$160,218	 Specific allocation from HCA totaling \$560,218 for crisis services (\$400,000 allocated to mobile crisis services - above)
Peer Pathfinders	Peer Pathfinders Transition from Incarceration Pilot	\$79,000	 Specific allocation from HCA to enhance jail transition programs to serve those who are exiting correctional facilities in WA who have a suspected Behavioral Health condition
Addition of Certified Peer Counselor (CPC) to Mobile Crisis Response (MCR) Teams	N/A	\$190,900	 Specific allocation from HCA for the addition of CPC to MCR Teams
Total		\$2,528,571	



American Rescue Plan Act (ARPA)

Substance Abuse Block Grant (SABG)

Introduction

The below is an overview of the *American Rescue Plan Act (ARPA) Substance Abuse Block Grant (SABG) (ARPA SABG)* Plan for the North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO). North Sound BH-ASO has a total of \$1,377,092 ARPA SABG funds to be expended by September 30, 2025.

Project Summaries and Expenditures

Category	Subcategory	Allocation	Overview
SAMHSA ARPA Recommended Enhancement	Treatment Access	\$100,000	 Provide increased access, including same-day or next-day appointments, and low barrier approaches, for those in need of SUD treatment services, including exploring Telehealth Prescriber Services
SAMHSA ARPA Recommended Enhancement	Expansion of Peer- Based Recovery Support Services	\$98,092	 Support expansion of peer-based recovery support services to ensure a recovery orientation which expands support networks and recovery services
Out of Home Residential Services	Intensive Inpatient Residential Treatment	\$150,000	 Concentrated program of SUD treatment, individual and group counseling, education, and related activities including room and board in a 24-hour-a-day supervised Facility in accordance with chapter 246-341 WAC
Out of Home Residential Services	Long Term Residential Treatment	\$350,000	SUD services designed from a recovery and resiliency perspective that will enable residents to live in the community with minimal dependence on public safety and acute care resources
Out of Home Residential Services	Recovery House Residential Treatment	\$500,000	Program of care and treatment with social, vocational, and recreational activities designed to aid individuals diagnosed with SUD in the adjustment to abstinence (assisting in their Recovery) and to aid in job training, reentry to employment, or other types of community activities
Other SABG Activities	N/A	\$100,000	 Assist in purchasing/supplying Naloxone kits and Fentanyl/Xylazine test strips to outreach programs and contracted BHAs
Peer Pathfinders	Peer Pathfinders Transition from Incarceration Pilot	\$79,000*	 Specific allocation from HCA to enhance jail transition programs with SUD peer services to individuals who upon release will be homeless
Total		\$1,377,092	

North Sound BH ASO Executive Director's Report June 8, 2023

1. FINAL LEGISLATIVE AND BUDGET UPDATE

- Some key highlights of the newly enacted 2023-2025 State Operating Budget [5187.SL]:
 - ➤ 15% provider rate increase for both Medicaid and Non-Medicaid services
 - > Expanded funding for Behavioral Health crisis response supported in part by the new telecom tax
- There are also 124 budget "provisos". These include number of provisos related to BH-ASO programs in general and for the North Sound region in particular.
- The list below identifies which will be administered by the BH-ASO and which will be contracted directly to the receiving organization.

Section #	Proviso	Contracted Organization
51	\$150,000 in FY 2024 and 2025 to maintain support for	Island County
	a pilot program to improve behavioral health outcomes	
	for youth	
57	Maintain grants to law enforcement and other first	BH-ASO [Mt. Vernon
	responders to include a mental health professional on	Police Dept.]
	teams responding to emergencies	
58	Funding for HCA to contract for long-term involuntary	HCA – future operator
	treatment services in a 16 bed residential treatment	
	facility in Stanwood	
69b	\$587,000 in FY 2024 and 2025 to support Whatcom	Whatcom County
	County alternative response team	
76	Funding to establish Youth Inpatient Navigator Teams	North Sound BH-ASO
	in 7 regions [including North Sound]	
77	Funding for the Assisted Outpatient Treatment	BH-ASOs
	Program	
92	\$1,100,000 in FY 24 and 25 for HCA to contract on a	North Sound BH-ASO
	one-time basis with the North Sound BH-ASO for	
	start-up costs for a new 32-bed community recovery	
	center in Lynwood	
96	\$2,000,000 additional funds in FY 24 and 25 for	BH-ASOs
	recovery navigator services in King, Pierce, and	
	Snohomish Counties. These funds are in addition to	
	any remaining funds for RNP in these counties.	
97	Funding to implement clubhouse services in every	HCA
	region	
112	Funding to expand and enhance services provided by	HCA?
	mobile crisis teams and community based crisis teams	

	either endorsed or seeking endorsement under the new						
	state standards						
122	\$375,000 grant in FY 24 and 25 to the city of Arlington	n Arlington					
	in partnership with the north county regional fire						
	authority for a mobile integrated health pilot project						
Capital	\$5.8 million for a Skagit County Crisis Stabilization	Skagit County					
Budget	Facility						
Capital	\$90,000 for a 3-bed "recliner" addition for youth crisis	Touchstone – Whatcom					
Budget	stabilization services	County					

• There were a number of significant behavioral health bills passed and signed by the Governor. Below is a partial list of those of interest for the ASOs and Counties:

Bill	Title	Description
HB 1134	Implementation of the 988 behavioral health crisis response system	 New funding and categories for "mobile rapid response crisis teams" and "community-based crisis teams" Additional requirements to develop standardized protocols and training
SB 5120	23-hour crisis relief centers	 By January 2024, DOH must license or certify 23-Hour Crisis Relief Centers. CRCs must be structured to have a n-refusal policy for law enforcement dropoffs and not require medical clearances. Triage facilities must be converted to CR
HB 1515	Contracting and procurement requirements for behavioral health services in medical assistance programs [including network adequacy]	 Requires HCA to seek approval to amend the State Medicaid Plan to provide direct payments to crisis services agencies Requires HCA to adopt network adequacy standards and annual review process
SB 5536	Modifies provisions of the Blake Bill Final version approved in special session and signed by Governor	 Increases the penalty for possession of a controlled substance to a gross misdemeanor, Recognizes several different options for "diversion" programs, including LEAD, RNP or other community diversion programs
5440	Providing timely competency evaluation and restoration services [Trueblood]	Changes criteria for ordering competency evaluations, continuation of medication in jails, and for referring defendants to a

		diversion program. Requires assessing							
		whether persons are appropriate for AOT							
	Workforce Bills								
1724	Behavioral Health Associates	Directs DOH to remove barriers to licensure and streamline certification. Establishes stipends to defray costs related to supervision.							
5189	B.H. Support Specialists	Creates a new certification/classification for persons with bachelor's degrees.							
5555	Creating the profession of certified peer specialists	Creates a new certification/classification for Peer Specialists and Peer Specialist Trainees							

2. BEHAVIORAL HEALTH SYSTEM COORDINATION COMMITTEE-NETWORK ADEQUACY WORKGROUP

- The Subcommittee of the Behavioral Health System Coordination Committee continues to work on a proposed method for measuring and monitoring average wait times for outpatient appointments.
- The workgroup is planning to hold 6 focus groups with behavioral health providers 3 on the west side and 3 on the east side. The purpose of the focus groups would be to collect information on how providers currently measure wait times and the challenges and barriers of collecting and reporting this data to the state.
- This work will be important in informing HCAs project to improve network adequacy standards as required by HB 1515.

3. CRISIS SERVICES UPDATE

- Attached is the Weekly Crisis Capacity Indicator report through May 27 [Attachment 1].
- The most recent volume of crisis dispatches seems very low and we are investigating whether there is some data that did not get transmitted.
- There continues to be a gradual decline in the number of calls to the crisis line, and we will continue to explore with VOA if this is due to some calls now going to the 988 line.
- Also attached is the Advisory Board dashboard through the end of April.[Attachment 2]

4. PROJECTED OPERATING DEFICIT FOR THE NORTH SOUND BEHAVIORAL HEALTH TREATMENT CENTER IN EVERETT - UPDATE

• HCA has provided guidance to us on how we can assist in supporting Pioneer Human Services' capacity to continue to provide services at the North Sound Behavioral Health Treatment Center in Everett [Denny Juvenile Justice Center]. [Attachment 3]

• The proposed NS BH-ASO contract renewal with PHS includes a capacity payment of \$140,000. One of the conditions we are including with the amendment is working with our fiscal staff to review their expenses and revenue for this facility. We will also be asking that they become more proactive in seeking ASO-funded referrals to this facility.

5. EVERETT HERALD ARTICLE ON THE "HANDS UP" PROJECT

- On May 22, the Everett Herald published an article on the fiscal and compliance problems with the "Hands Up" Project [Attachment 4].
- The article notes that the North Sound BH-ASO had been one of the funders of the project but accurately explains that we terminated our contract and initiated a fiscal audit requesting back up documentation that they have still not replied to.

6. RECOVERY NAVIGATOR PROGRAM SUCCESS STORIES

- The Recovery Navigator Program continues to have positive outcomes on the lives of persons in all five counties. Attached are some sample success stories [Attachment 5]
- The North Sound RNP coordinator, James Dixon, is participating in state meetings to begin to develop a plan for implementing some of the changes and additions to RNP called for in SB 5536. Here's a brief summary of some of those changes:
 - ➤ The biggest change is the pretrial diversion addition, similar to deferred prosecution. The prosecutor will have the discretion to charge for minor drug related crimes and possession charges or defer to an RNP/LEAD program in lieu of incarceration. The individual will have to follow the court's recommendation to stay out of custody.
 - ➤ HCA is doing a lot of internal work to figure out the referral process and needs for courts to connect with RNP/LEAD.
 - ➤ HCA will update the uniform standards and core principles for RNP to be more in line with LEAD standards.
 - ➤ HCA is working with a vendor to create a data integration platform that will be used statewide by all RNP/LEAD for data collection.
 - ➤ HCA will continue to review the funding needs for expanding the program.

7. SNOHOMISH COUNTY COUNCIL APPROVES CONDITIONAL USE PERMIT FOR STANWOOD PSYCHIATRIC FACILITY

• On May 17, the Snohomish County Council approved the conditional use permit for the planned 32 bed inpatient psychiatric treatment facility in Stanwood. See attached article from the Stanwood Camano News [Attachment 6].

8. CASCADE BEHAVIORAL HEALTH HOSPITAL

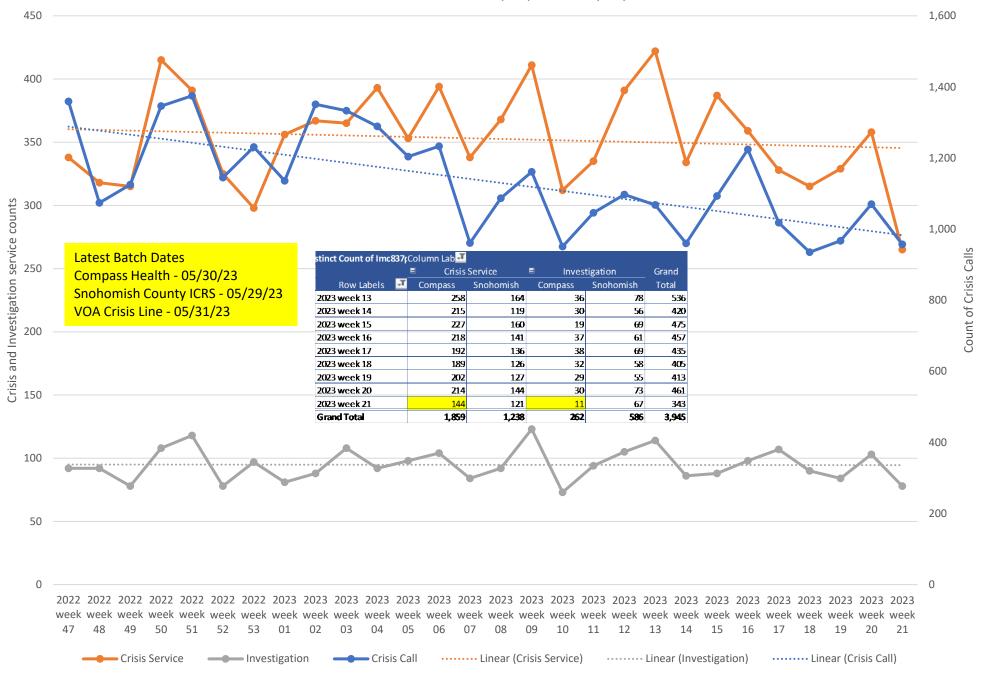
- Cascade Behavioral Health Hospital, a 137-bed inpatient psychiatric facility operated by Acadia Healthcare in Tukwila will be ceasing operations effective July 31.
- North Sound BH-ASO does not currently have any non-Medicaid ITA patients there. BH-ASO staff reached out to the hospital and according to their staff there are currently no North Sound residents there.

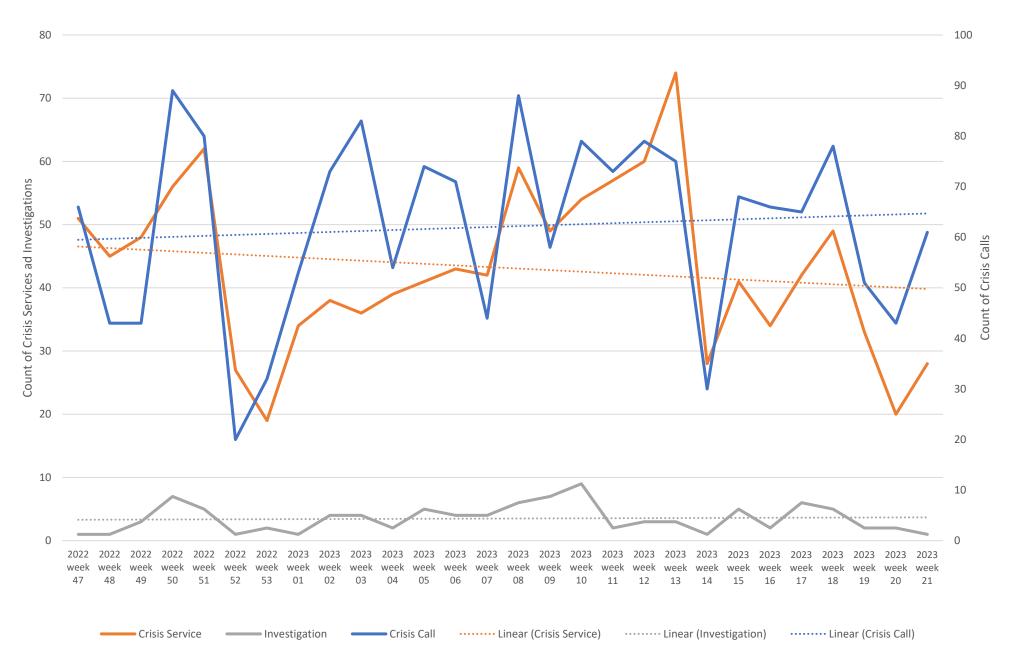


Weekly Crisis Capacity Indicator Snapshot

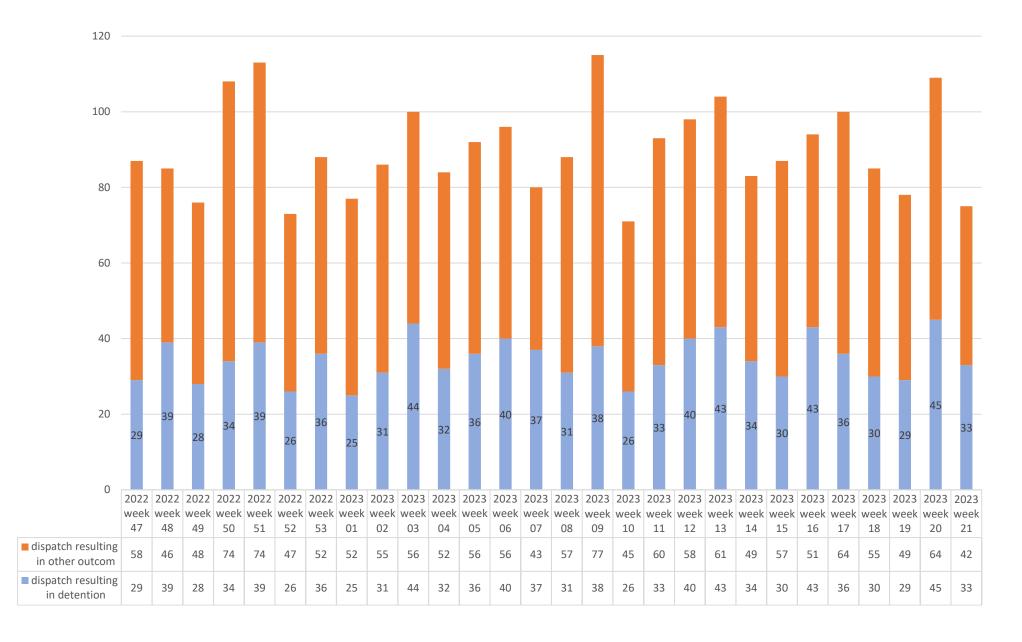
Crisis Data - dates 11/13/22 to 05/27/23
Crisis Data: Ages 0-17 - dates 11/13/22 to 05/27/23
All DCR Dispatches - dates 11/13/22 to 05/27/23
Weekly Staff Count - Staff providing Crisis or Investigaion services 11/13/22 to 05/27/23
Hospital placement locations (Invol and Vol) - No adjustment has been made for timely data - recent weeks likely low
Telehealth only, crisis and investigation services from 11/13/22 to 05/27/23
Crisis Service Unit Percent - Crisis Service units divided by Crisis units + Investigation units
Washington State Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms During Last 7 Days
Place of Service -Crisis Services, percent of total by week
Place of Service -Investigations, percent of total by week
New COVID-19 Cases Reported Weekly per 100,000 population - 07/13/22 to 05/31/23
New COVID-19 Deaths Reported Weekly per 1,000,000 population - 07/13/22 to 05/31/23
Total Hospitalized Adults - COVID-19 (confirmed or supected) 7 day average
North Sound BH ASO Walkaway Chart 11/13/22 to 05/27/23

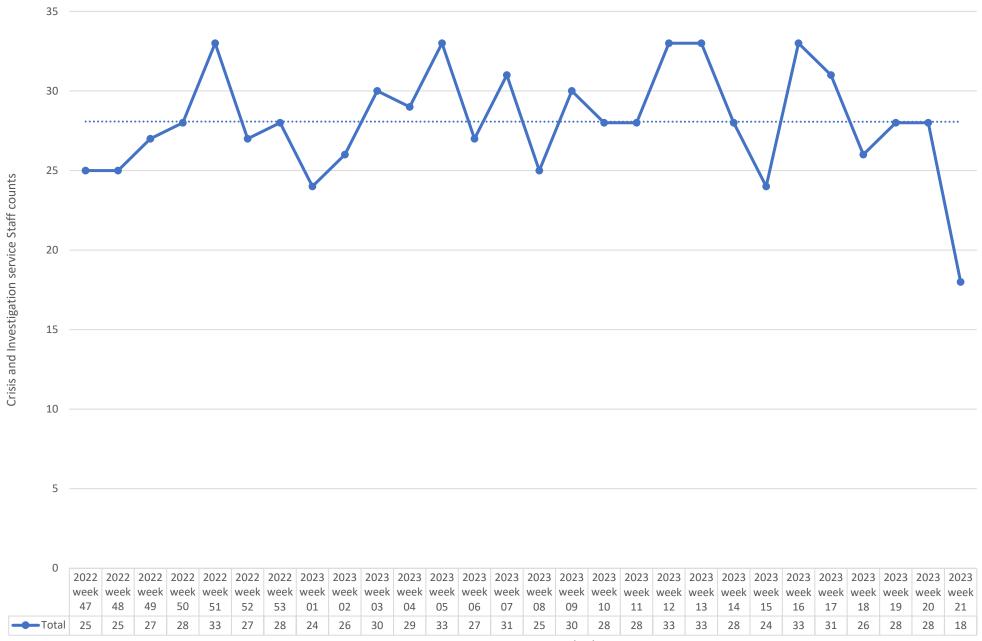
Crisis Data - dates 11/13/22 to 05/27/23



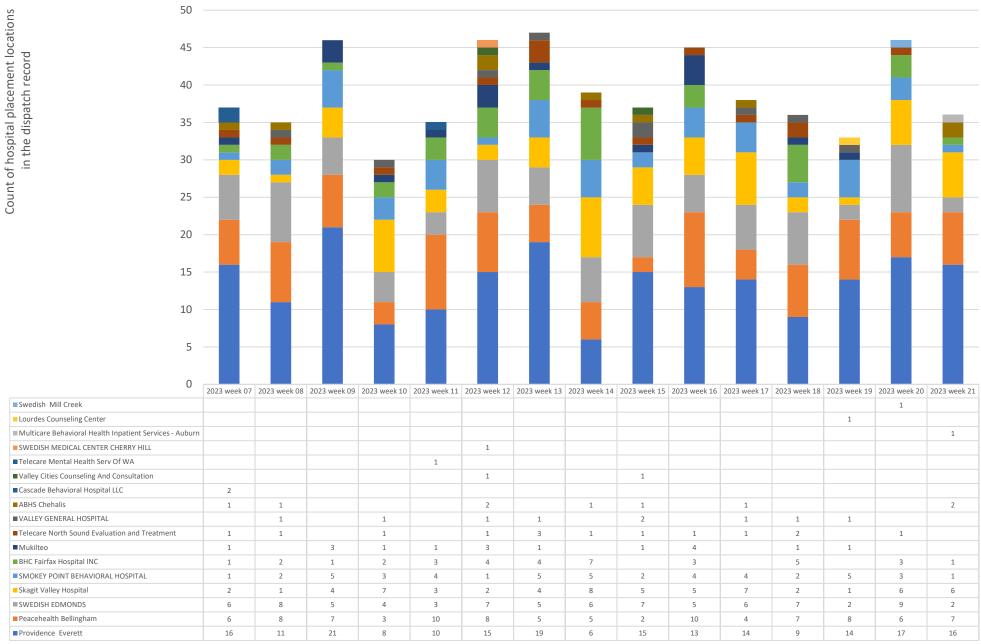


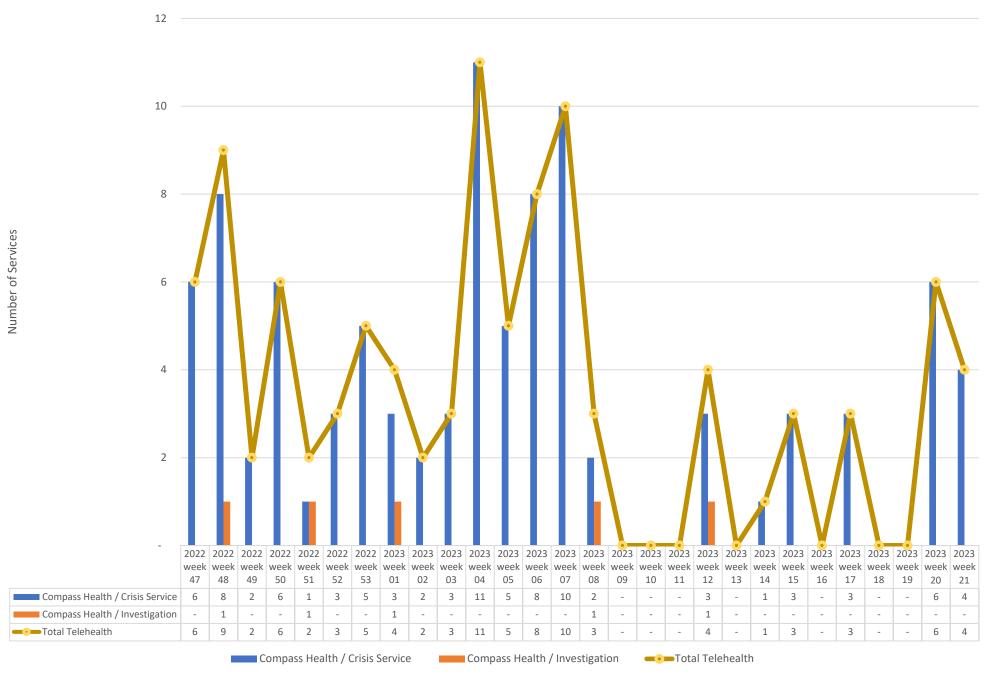


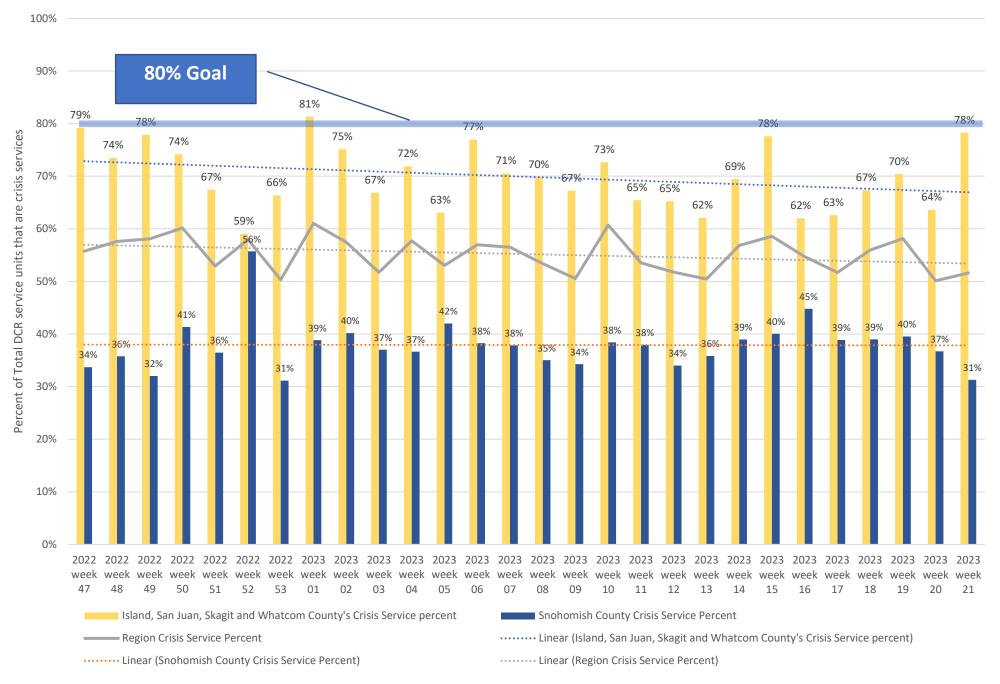




2023 week 21 ending 01/00/00



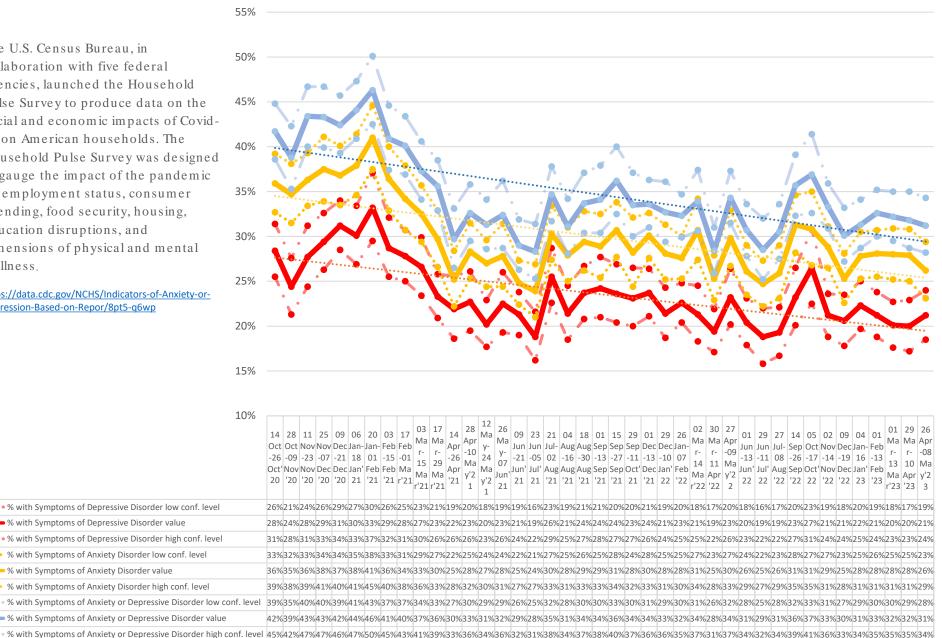




Washington State Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms During Last 7 Days

The U.S. Census Bureau, in collaboration with five federal agencies, launched the Household Pulse Survey to produce data on the social and economic impacts of Covid-19 on American households. The Household Pulse Survey was designed to gauge the impact of the pandemic on employment status, consumer spending, food security, housing, education disruptions, and dimensions of physical and mental wellness.

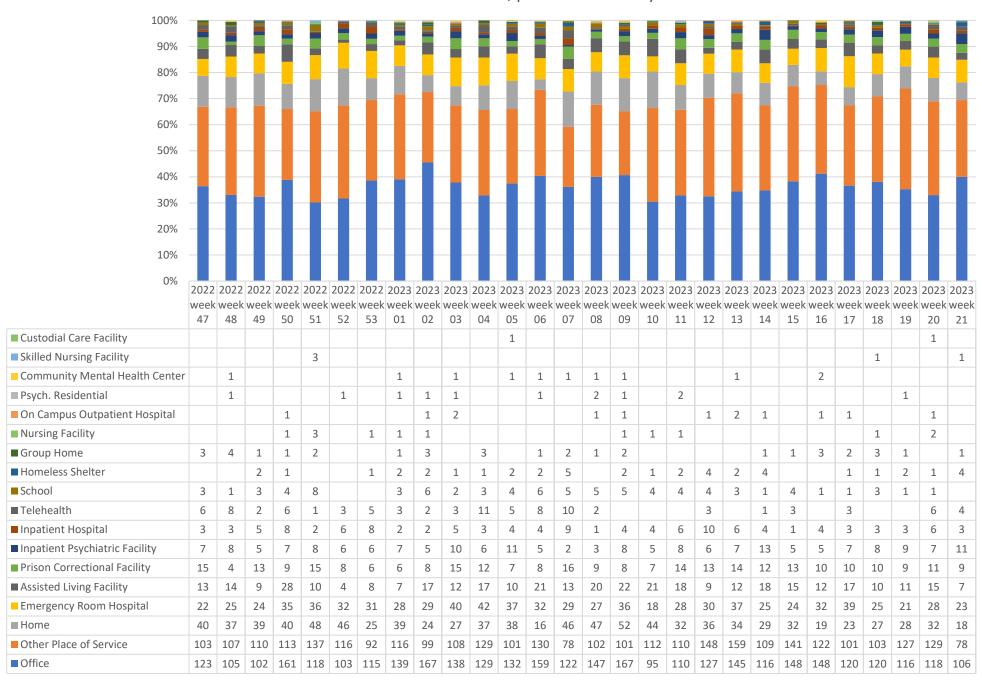
https://data.cdc.gov/NCHS/Indicators-of-Anxiety-or-Depression-Based-on-Repor/8pt5-q6wp



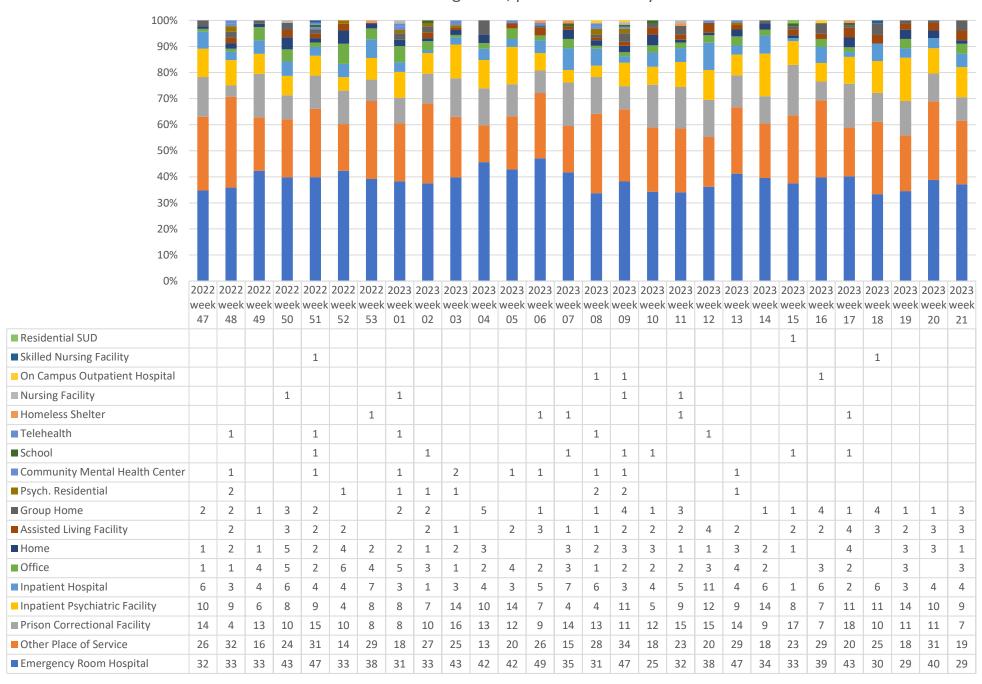
% with Symptoms of Depressive Disorder value

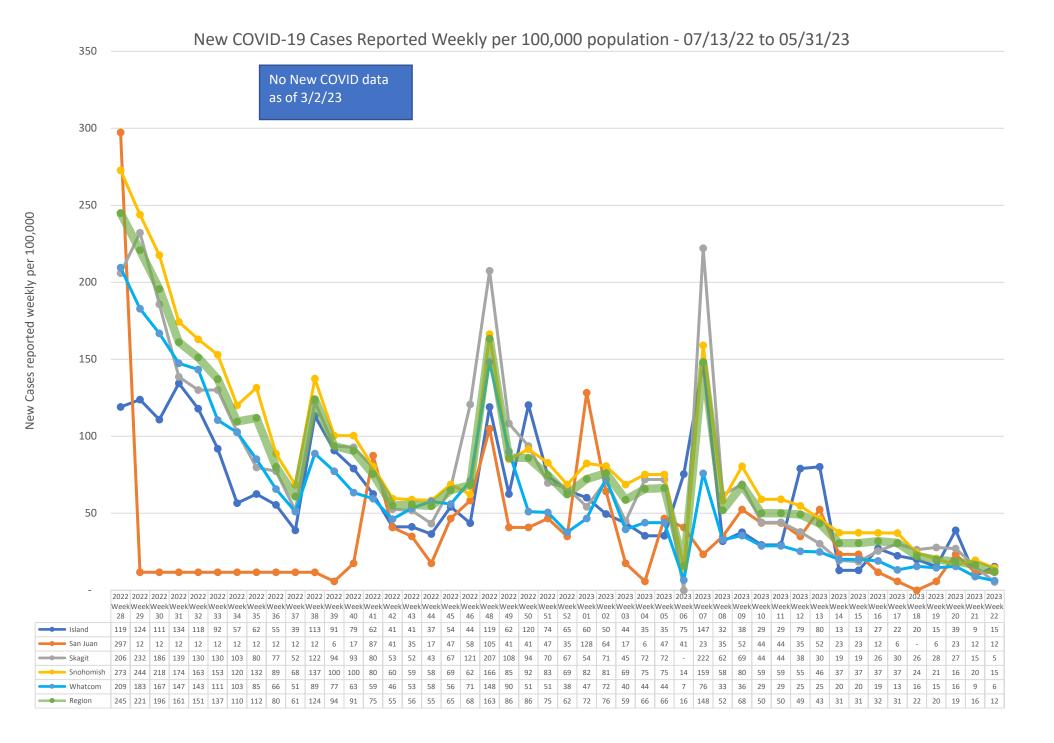
% with Symptoms of Anxiety Disorder low conf. level % with Symptoms of Anxiety Disorder value • • • • • % with Symptoms of Anxiety Disorder high conf. level

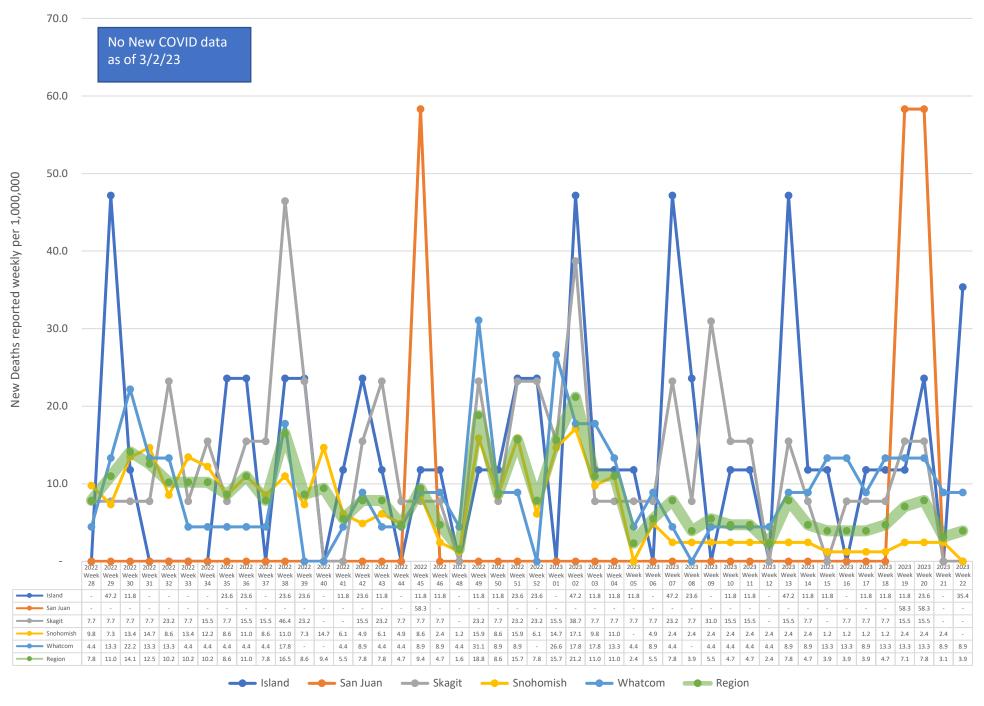
Place of Service - Crisis Services, percent of total by week

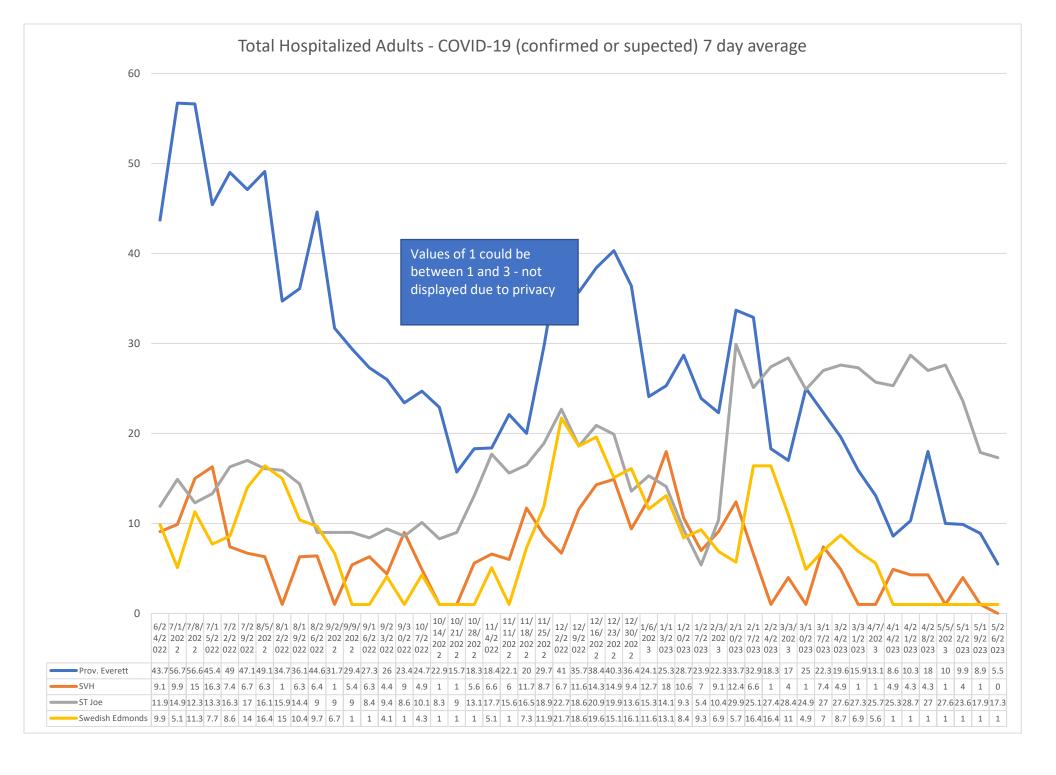


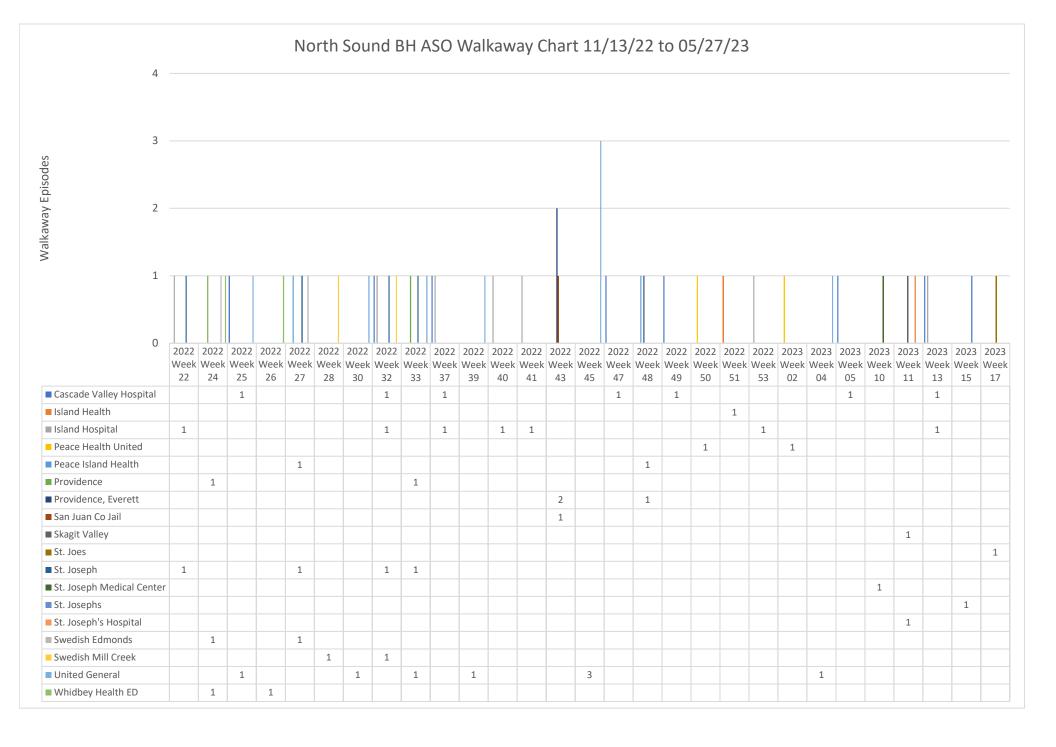
Place of Service -Investigations, percent of total by week







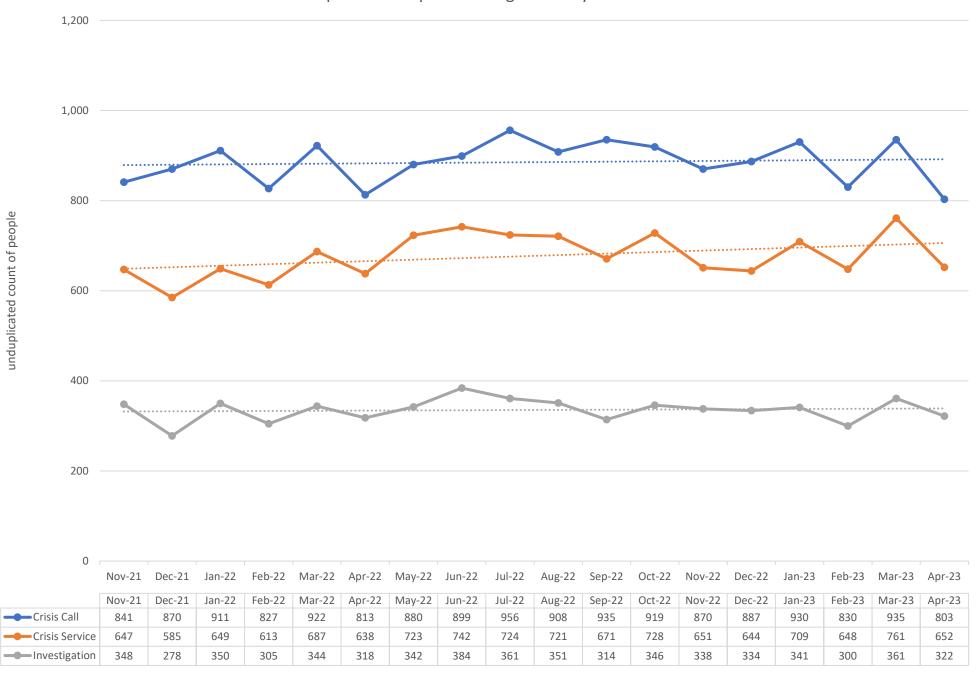


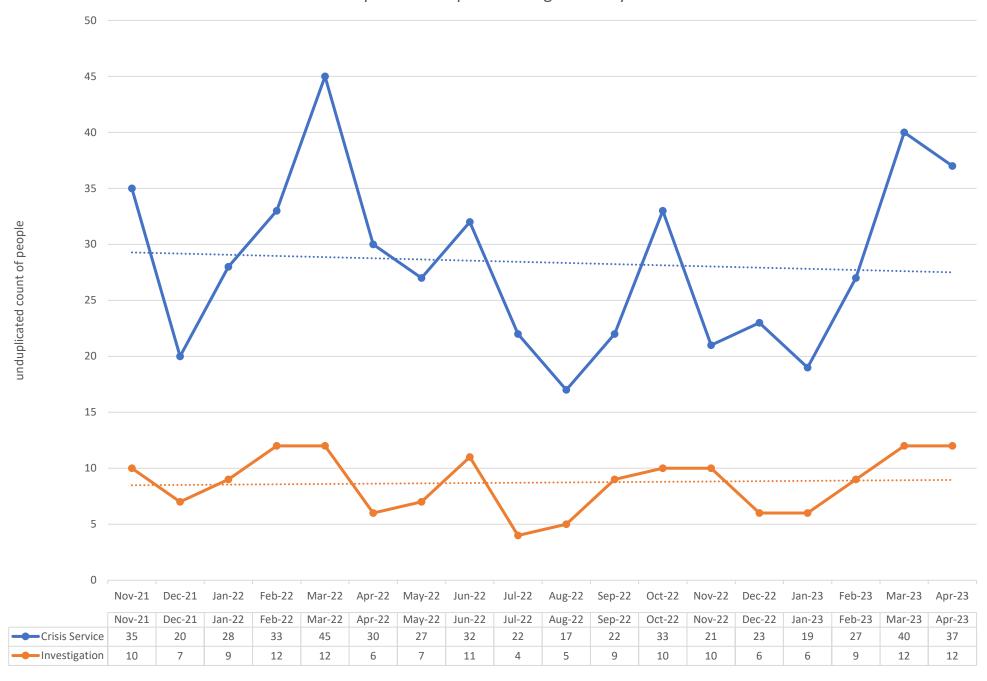


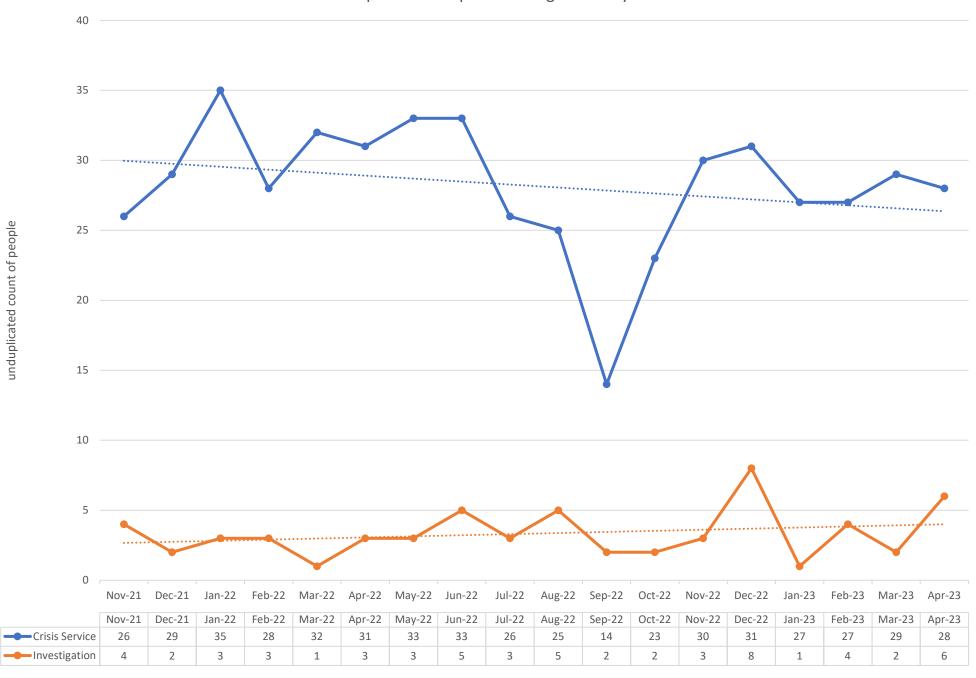


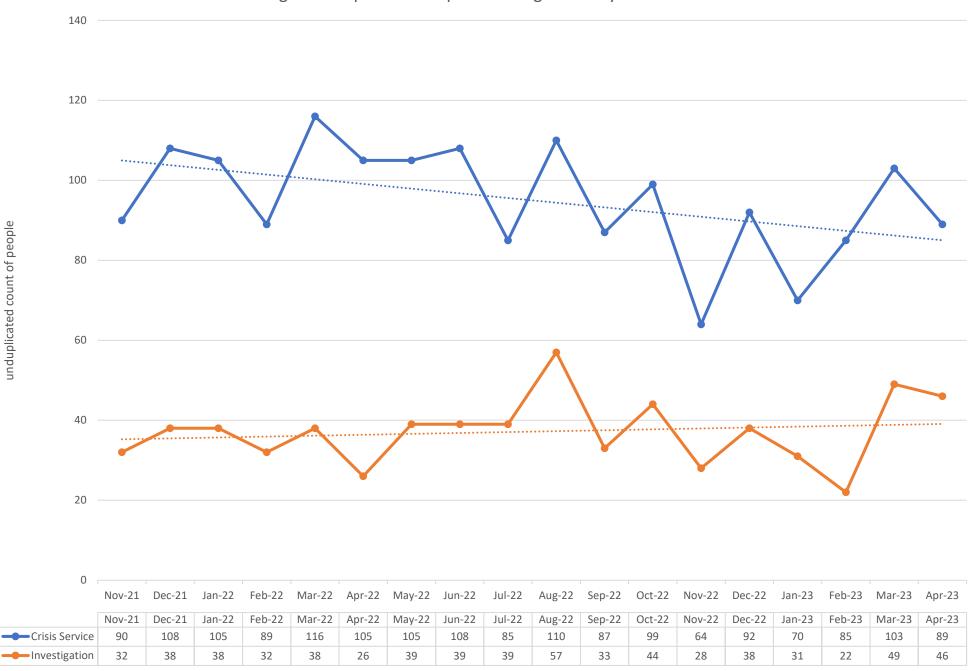
North Sound Crisis System Dashboard

Page 2	Unduplicated People receiving a crisis system service
Page 3	Island - Unduplicated People receiving a crisis system service
Page 4	San Juan - Unduplicated People receiving a crisis system service
Page 5	Skagit - Unduplicated People receiving a crisis system service
Page 6	Snohomish - Unduplicated People receiving a crisis system service
Page 7	Whatcom - Unduplicated People receiving a crisis system service
Page 8	Region Designated Crisis Responder (DCR) Investigations
Page 9	Region DCR Investigation Referral Sources
Page 10	Region DCR Investigation Outcomes

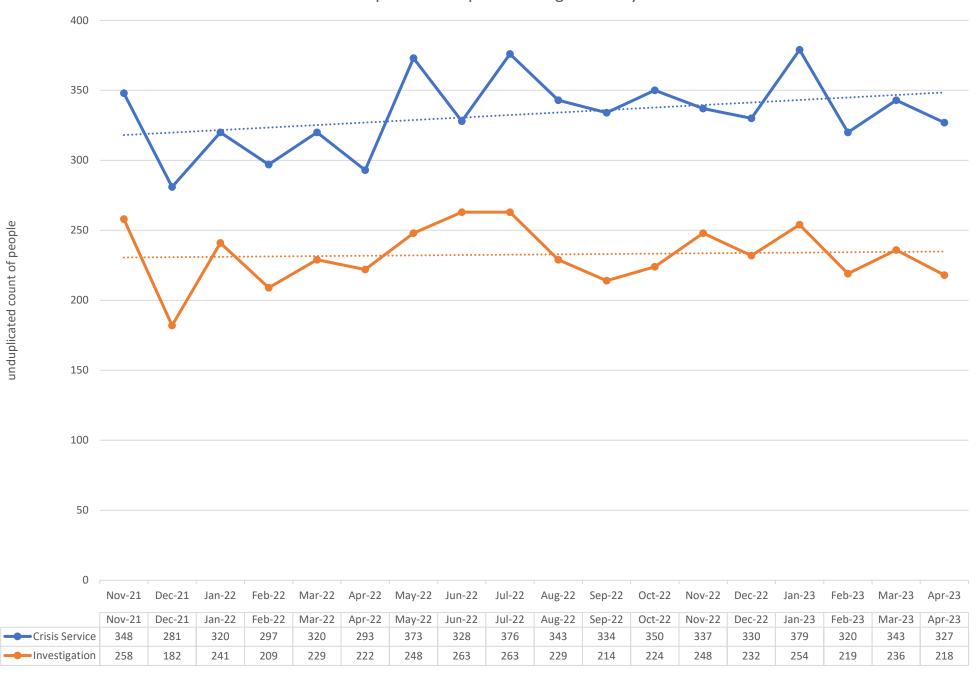


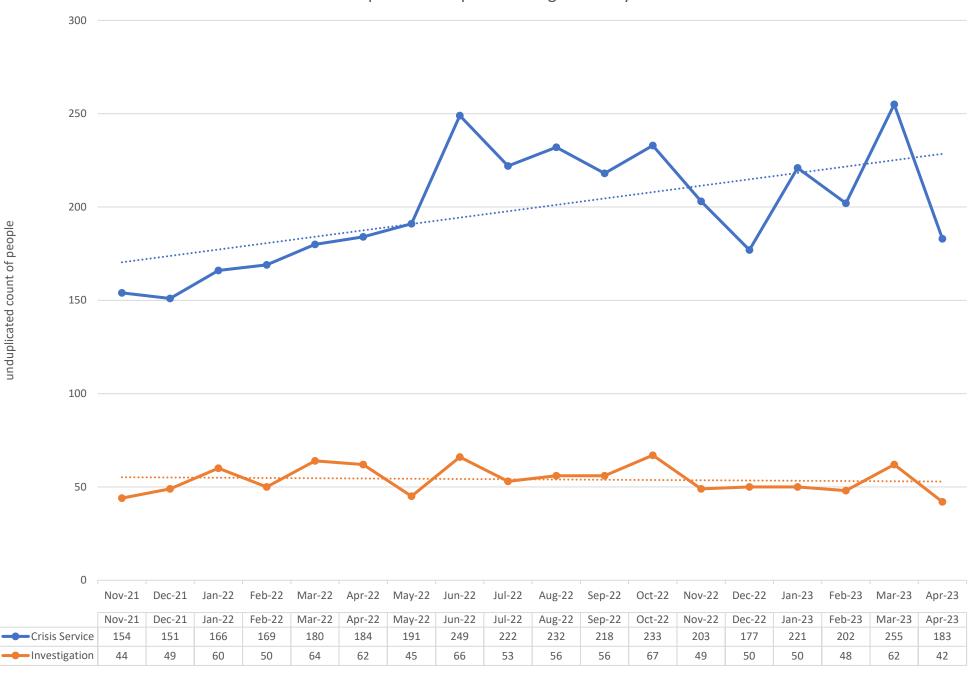




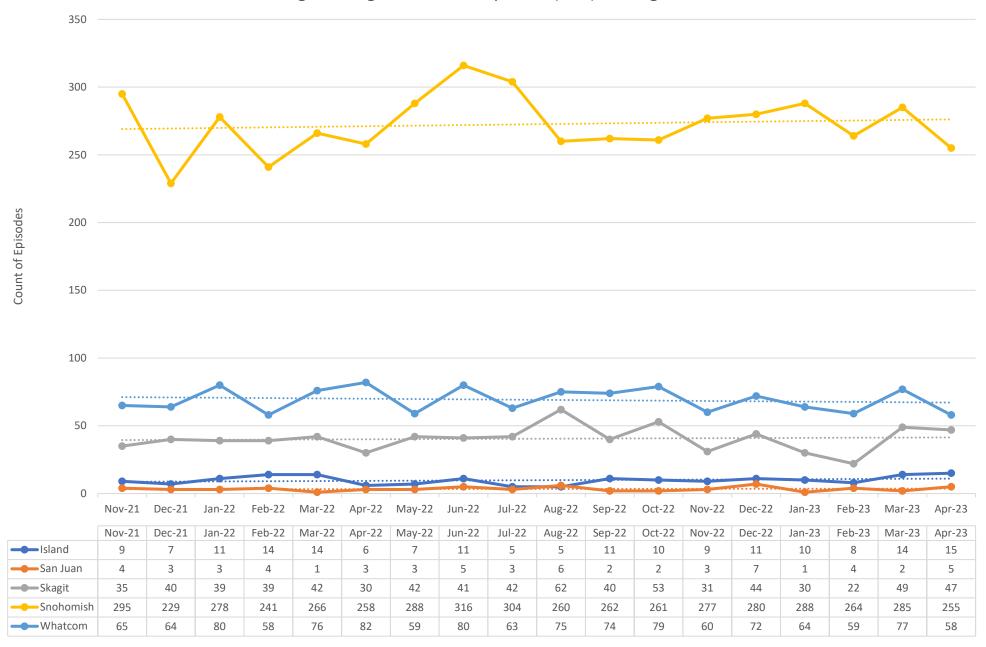


Snohomish - Unduplicated People receiving a crisis system service





Region Designated Crisis Responder (DCR) Investigations



Month of Dispatch

■ School

■ Community

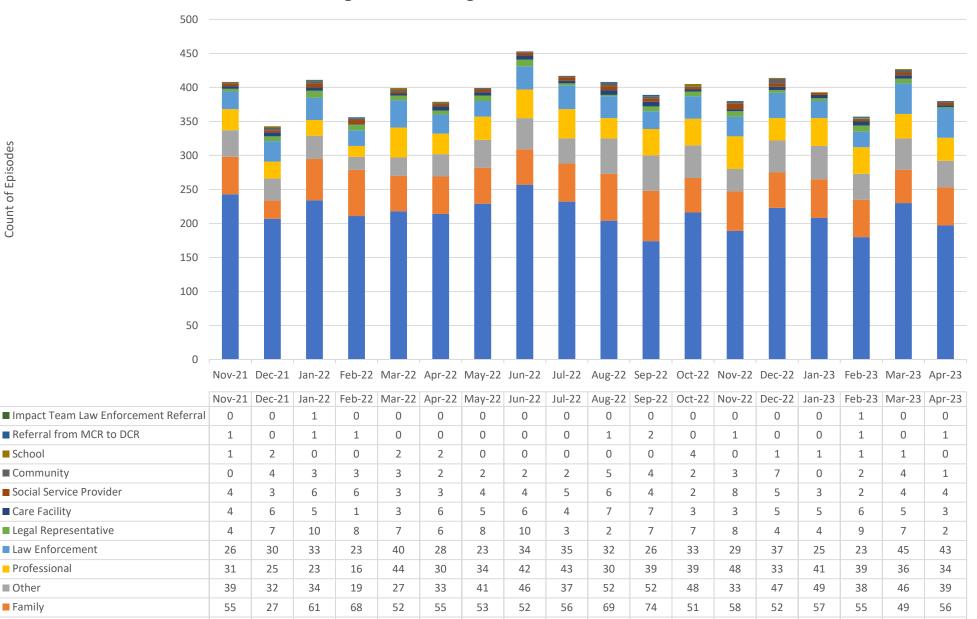
■ Care Facility

Professional

Other

Family

Hospital



Month of Dispatch

204

174

216

189

223

208

180

230

232

243

207

234

211

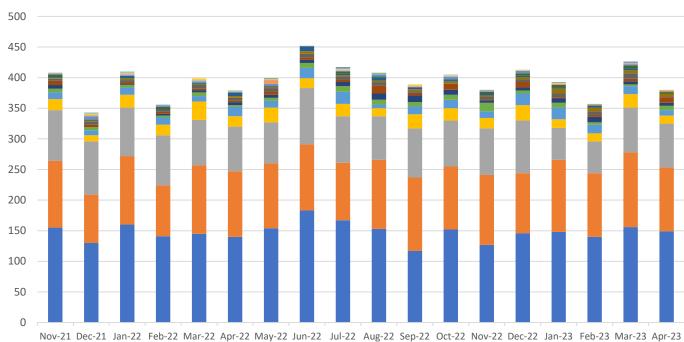
218

214

229

257

197



	Nov-21	Dec-21	Jan-22	Feb-22	Mar-22	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22	Jan-23	Feb-23	Mar-23	Apr-23
■ No detention – Secure Detox provisional acceptance did not occur within statutory timeframes	0	0	0	0	0	0	1	0	1	0	0	0	0	0	0	0	1	0
■ Petition filed for outpatient evaluation	0	1	1	0	0	1	0	0	0	2	0	0	0	0	0	0	0	0
Referred to chemical dependency inpatient program	1	1	1	0	0	0	0	0	2	1	0	1	1	0	2	1	1	0
Referred to chemical dependency intensive outpatient program	0	2	1	0	3	0	1	0	1	0	2	1	0	1	1	0	0	1
Referred to sub acute detox	0	1	2	1	2	1	1	0	1	0	1	2	0	1	0	0	1	0
Referred to acute detox	1	1	1	0	0	0	6	0	1	0	1	0	1	0	2	1	1	1
■ No detention - E&T provisional acceptance did not occur within statutory timeframes	1	5	1	3	3	1	3	1	1	3	1	4	1	4	0	0	2	1
■ Detention to Secure Detox facility (72 hours as identified under 71.05)	5	1	0	4	2	1	0	1	3	2	0	1	3	4	4	1	5	2
■ No detention - Unresolved medical issues	1	1	4	0	0	5	2	7	3	5	3	2	3	2	2	3	3	1
■ Filed petition - recommending LRA extension.	1	2	3	0	1	3	2	4	2	3	3	3	2	4	8	6	5	5
■ Referred to crisis triage	3	5	4	4	6	4	5	6	5	5	3	1	4	4	6	6	9	1
■ Referred to non-mental health community resources.	7	4	3	3	3	3	6	4	4	13	4	10	2	9	2	3	4	9
■ Non-emergent detention petition filed	6	0	1	3	3	5	5	5	7	10	11	8	4	5	7	9	5	5
Returned to inpatient facility/filed revocation petition.	6	5	4	3	6	3	5	8	9	8	7	8	14	5	8	4	3	7
■ Did not require MH or CD services	11	8	12	12	9	15	11	17	20	6	13	14	11	19	19	14	13	9
Referred to voluntary inpatient mental health services.	18	10	21	17	30	17	24	16	20	13	23	20	17	25	14	13	22	13
■Other	83	87	79	82	74	73	67	92	76	71	80	75	76	86	52	52	73	72
Referred to voluntary outpatient mental health services.	109	79	112	83	112	107	106	108	94	113	120	103	114	98	118	104	122	104
■ Detention (72 hours as identified under the Involuntary Treatment Act, RCW 71.05).	155	130	160	141	145	140	154	183	167	153	117	152	127	146	148	140	156	149

Month of Dispatch

From: <u>Claycamp, Teresa L (HCA)</u>

To: Joe Valentine; Claycamp, Teresa L (HCA); Leonard, Ruth (HCA); Wilsie, Michele (HCA)

Cc: <u>Margaret Rojas, M Ed.</u>; <u>Darrell Heiner</u>; <u>Cameron, Brian (HCA)</u>

Subject: RE: ASO board meeting

Date: Wednesday, May 10, 2023 1:48:03 PM

Attachments: <u>image001.png</u>

image002.png image003.png image004.png image005.png image006.png image007.png image009.png image010.png

Hi Joe,

We reviewed this today and we believe this is allowable. The capacity payment would need to relate to services that will be provided.

This will need to be reported in the R&E. Please add additional notes in the R&E so we can document it.

Thank you for checking in!

Teresa

Teresa Claycamp MA LMHC

Integrated Managed Care Program Manager Medicaid Services

office: [360.725.0862] | cell: [360.628.3874]

Teresa.Claycamp@hca.wa.gov

Pronouns: She, her, hers



www.hca.wa.gov









From: Joe Valentine <joe_valentine@nsbhaso.org>

Sent: Monday, May 1, 2023 2:49 PM

To: Claycamp, Teresa L (HCA) <teresa.claycamp@hca.wa.gov>; Leonard, Ruth (HCA) <ruth.leonard@hca.wa.gov>; Wilsie, Michele (HCA) <michele.wilsie@hca.wa.gov>

Cc: Margaret Rojas, M Ed. <Margaret_Rojas@nsbhaso.org>; Darrell Heiner

<darrell_heiner@nsbhaso.org>
Subject: RE: ASO board meeting

External Email

Teresa, the source would be unrestricted GF balance [no proviso dollars are included].

We have accumulated a temporary increase in unrestricted GF balance over the \$6 million plus maximum allowed under our new contract.

The increase is due to several factors: the influx of new GF revenue based on the 7% increase, our renegotiation of a higher PMPM rate with the MCOs, under expenditure of crisis team budgets due to difficulty in filling vacant positions, and now the closure of the Everett Triage facility.

On the other hand, our ITA hearing and psyche inpatient treatment costs have trended a little higher, so we are being cautious.

Our hope is that in July, as crisis team vacancies get filled and our planned expansion of mobile crisis and co-responder teams is rolled out, spending will come back more in line with revenue.

In the meantime, we would be comfortable with a one-time \$50,000 - \$100,000 capacity payment for the North Sound Behavioral Health Treatment facility [Everett].

Hope that helps.

Joe Valentine

Executive Director

Joe_Valentine@nsbhaso.org

From: Claycamp, Teresa L (HCA) < teresa.claycamp@hca.wa.gov>

Sent: Monday, May 1, 2023 8:56 AM

To: Joe Valentine < joe valentine@nsbhaso.org >; Leonard, Ruth (HCA) < ruth.leonard@hca.wa.gov >;

Wilsie, Michele (HCA) < michele.wilsie@hca.wa.gov>

Cc: Margaret Rojas, M Ed. < Margaret Rojas@nsbhaso.org>

Subject: RE: ASO board meeting

Joe, can you please share a bit more detail on fund sources and amounts? So this is GFS reserve funding?

I'll defer to Michele and Ruth if they have additional guestions.

From: Joe Valentine < <u>joe valentine@nsbhaso.org</u>>

Sent: Monday, April 17, 2023 10:37 AM

To: Claycamp, Teresa L (HCA) < teresa.claycamp@hca.wa.gov>; Leonard, Ruth (HCA) < tuth.leonard@hca.wa.gov>; Wilsie, Michele (HCA) < teresa.claycamp@hca.wa.gov>; Leonard, Ruth (HCA) < teresa.claycamp@hca.wa.gov>; Wilsie, Michele (HCA) < teresa.claycamp@hca.wa.gov>; Leonard, Ruth (HCA) < teresa.claycamp@hca.wa.gov>; Wilsie, Michele (HCA) < teresa.claycamp@hca.wa.gov>

Cc: Margaret Rojas, M Ed. < Margaret Rojas@nsbhaso.org >

Subject: RE: ASO board meeting

External Email

Thanks!

Joe Valentine

Executive Director

Joe Valentine@nsbhaso.org

From: Claycamp, Teresa L (HCA) < teresa.claycamp@hca.wa.gov>

Sent: Monday, April 17, 2023 10:06 AM

To: Joe Valentine < <u>ioe_valentine@nsbhaso.org</u>>; Leonard, Ruth (HCA) < <u>ruth.leonard@hca.wa.gov</u>>;

Wilsie, Michele (HCA) < michele.wilsie@hca.wa.gov>

Cc: Margaret Rojas, M Ed. < <u>Margaret_Rojas@nsbhaso.org</u>>

Subject: RE: ASO board meeting

Hi Joe,

Happy to bring this forward. I'll connect with Ruth and Michele. Michele is out this week, returning next week.

Also, just a quick update on PHS. HCA will be meeting with the MCOs next week to discuss solutions to the rate concerns related to residential. We will then partner with PHS on options.

Thank you, Teresa

From: Joe Valentine < <u>joe valentine@nsbhaso.org</u>>

Sent: Monday, April 17, 2023 9:38 AM

Subject: RE: ASO board meeting

External Email

Teresa, at our April 13 BH-ASO Board of Directors meeting, the Board asked that I explore with HCA if there is any way we could provide some one-time financial capacity assistance to PHS and the North Sound Behavioral Health Treatment Center in a way that would be allowable under the terms of our contract.

Both the North Sound and Snohomish County provided startup funds for this facility, and it remains a critical part of our SUD inpatient treatment system.

We currently project having some excess general fund reserve as of the end of June due to slow start up of programs and ongoing vacancies in our crisis services teams.

We'd be happy to discuss further with the appropriate HCA staff. Thanks.

Joe Valentine

Executive Director

Joe_Valentine@nsbhaso.org

From: Claycamp, Teresa L (HCA) < teresa.claycamp@hca.wa.gov>

Sent: Wednesday, April 12, 2023 11:39 AM **To:** Joe Valentine < <u>ioe_valentine@nsbhaso.org</u>>

Subject: RE: ASO board meeting

Appreciate the looping us in.

HCA met with Clint on Monday and knew this email was coming.

We are consulting internally Friday.

From: Joe Valentine < <u>ioe_valentine@nsbhaso.org</u>>

Sent: Wednesday, April 12, 2023 11:34 AM

To: Claycamp, Teresa L (HCA) < teresa.claycamp@hca.wa.gov>

Subject: FW: ASO board meeting

External Email

Teresa, I thought you might want to be alerted to another potential loss of SUD Inpatient beds. I'm afraid there is little we can do as an ASO to address their operating deficit other than make sure that the rates we pay as an ASO cover their costs. Of course, our reimbursements only make up a small percentage of their revenue.

Joe Valentine

Executive Director

Joe Valentine@nsbhaso.org

From: Clinton Jordan < <u>Clinton.Jordan@p-h-s.com</u>>

Sent: Tuesday, April 11, 2023 11:55 AM

To: Joe Valentine < <u>ioe_valentine@nsbhaso.org</u>>; Margaret Rojas, M Ed. < <u>Margaret Rojas@nsbhaso.org</u>>; Joanie Wenzl < <u>ioanie wenzl@nsbhaso.org</u>>

Subject: RE: ASO board meeting

Hi Joe.

Below is the written description of the problem and the request from PHS.

Residential treatment programs have been operating at significant financial loss for several years. The funding model and insufficient rates have long challenged providers. These problems were exacerbated during the pandemic. More recently, the impacts from inflation and rates that continue to lag behind cost increases have further stressed residential treatment providers.

Pioneer Human Services residential treatment programs have suffered millions of dollars in losses in recent years. In 2023, these losses project to continue. North Sound Behavioral Health Treatment Center in Everett has lost over \$100K in the first quarter of 2023 and projects a loss of approximately \$697,000 for fiscal year 2023. Continuing to incur losses of this magnitude puts residential treatment programs, including North Sound Behavioral Health Treatment Center, at risk of closure. Already this year PHS has closed two RTS programs (Pioneer Center North, CORP Seattle) in large part due to the same challenges detailed above.

Despite our numerous efforts, necessary rate increases from the MCO's have not manifested and are not likely to be received until January 2024. Snohomish County has agreed to reimburse rent costs for 2023, totaling \$276K in relief for the program. While this is incredibly helpful, there is still a projected funding gap of approximately \$420K.

Pioneer Human Services is requesting that the North Sound ASO and/or the broader collection of North Sound counties (Whatcom, Skagit, Island, San Juan) come together to fund the projected funding gap. Ideally, a budget would be developed that is equal to or exceeds the projected losses. Should losses occur; Pioneer would request financial relief and reimbursement as needed. During this interim funding period, Pioneer will work tirelessly to negotiate rate increases with the MCO's so that they can cover the ongoing funding of the program.

While many of the problems in recent years have hit residential treatment programs the hardest, they are not the only programs that are suffering from the impacts outlined above. Crisis stabilization and detox program, including the three operated by Pioneer in the North Sound (Ituha, Skagit, and Whatcom) are also experiencing drastic increases in expense and lagging rate adjustments. As we work through renegotiations with the MCO's, any short-term financial relief is helpful to allow the negotiation process to play out.

Sincerely,

Clinton Jordan Sr. Director, Pioneer Human Services

Clinton Jordan | Sr. Director of Residential Treatment Facilities Pioneer Human Services | 509-720 3304 <u>Pioneer Human Services.org</u>











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From: Joe Valentine < <u>ioe valentine@nsbhaso.org</u>>

Sent: Monday, April 10, 2023 10:46 AM

To: Clinton Jordan < <u>Clinton.Jordan@p-h-s.com</u>>; Margaret Rojas, M Ed.

<<u>Margaret Rojas@nsbhaso.org</u>>; Joanie Wenzl <<u>joanie wenzl@nsbhaso.org</u>>

Subject: RE: ASO board meeting

Yes, of course. You are always welcome to speak during the public comments section. If I also include your written information, that will give them more background.

Joe Valentine

Executive Director

Joe Valentine@nsbhaso.org

From: Clinton Jordan < Clinton.Jordan@p-h-s.com>

Sent: Monday, April 10, 2023 10:36 AM

To: Joe Valentine < <u>ioe_valentine@nsbhaso.org</u>>; Margaret Rojas, M Ed.

<<u>Margaret_Rojas@nsbhaso.org</u>>; Joanie Wenzl <<u>joanie_wenzl@nsbhaso.org</u>>

Subject: RE: ASO board meeting

Thanks Joe.

Cammy mentioned the public comments section might be a place to speak to the issues. I can also provide you with a written detail.

Does that work?

Clinton Jordan | Sr. Director of Residential Treatment Facilities Pioneer Human Services | 509-720 3304 Pioneer Human Services.org



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From: Joe Valentine < <u>ioe valentine@nsbhaso.org</u>>

Sent: Monday, April 10, 2023 8:25 AM

To: Clinton Jordan < <u>Clinton.Jordan@p-h-s.com</u>>; Margaret Rojas, M Ed.

< Margaret Rojas@nsbhaso.org>; Joanie Wenzl < joanie wenzl@nsbhaso.org>

Subject: RE: ASO board meeting

Clint, its too late now to try and get a presentation on the agenda for Thursday, but if you send me a brief written description I'll include it in my written report to the Board.

We can always follow up with them next month.

Joe Valentine

Executive Director

Joe Valentine@nsbhaso.org

From: Clinton Jordan < <u>Clinton.Jordan@p-h-s.com</u>>

Sent: Friday, April 7, 2023 7:11 AM

To: Joe Valentine < <u>joe_valentine@nsbhaso.org</u>>; Margaret Rojas, M Ed.

<<u>Margaret_Rojas@nsbhaso.org</u>> **Subject:** ASO board meeting

Good morning Joe and Margaret,

I am wondering if it would be ok for me to attend the upcoming ASO board meeting to speak about the challenges at North Sound Behavioral Health Treatment Center?

In meeting with Cammy yesterday, she mentioned that this may be a good platform to discuss some of the issues with other county stakeholders present.

Clinton Jordan | Sr. Director of Residential Treatment Facilities Pioneer Human Services | 509-720 3304 Pioneer Human Services.org



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Everett shelter got \$3M in COVID relief despite complaints

Local officials signed new contracts with The Hand Up Project after two residents died last year and former employees alleged financial mismanagement.

by Lizz Giordano / May 22, 2023



Laura Reed, a former staffer, quit working for The Hand Up Project in late 2021 and filed multiple complaints alleging the program had stopped providing adequate services. She also accused program managers of misusing donations. (Lizz Giordano/Crosscut)

he smell hit Rena Keckler first as she entered the Everett hotel room where her ex-husband, Forest Fraser, had died a few days earlier. Uneaten food had spoiled inside the broken refrigerator. Unwashed laundry lay piled on one of the two beds.

Keckler said she found few personal items detailing Fraser's 46 years of life, except for a small stack of journals – pages scribbled with song lyrics, passwords, lists of expenses, and phone numbers of friends and social services.

"He was always upbeat and positive," Keckler said. "He'd always say, 'Yeah, let's do it, let's go."

At the time of his death in May 2022, Fraser was enrolled in a housing program run by The Hand Up Project, a local nonprofit. Packing up his room, Keckler and the son they shared filled half a dozen garbage bags. They left with more questions than answers, she said, after receiving few details about his time in the program or the help he was receiving.

Next: Fake business loans land Yakima, Seattle entrepreneurs in prison

A program staffer found Fraser's body during one of the twice-daily room checks, <u>according to the police</u> <u>report</u>. The medical examiner's report obtained by his family showed Fraser died of acute methamphetamine intoxication.

Fraser marked the second death at The Hand Up Project's hotel housing unit in a span of about a week. Staffers called authorities just eight days earlier, <u>police reports</u> stated, where an officer found the body of another resident who had reportedly not been seen for about 24 to 36 hours.

"I was kind of disappointed when I got there," Keckler said later. "The lack of structure was obvious. If there was more structure, more check-ins, maybe it wouldn't have been this way."



Rena Keckler holds the portrait of her ex-husband, Forest Fraser, that was on display at his funeral. He was one of two people who died in May 2022 while enrolled in The Hand Up Project hotel respite program. (Lizz Giordano/Crosscut)

Snohomish County and other local agencies have directed more than \$3 million in COVID-19 relief money to The Hand Up Project's hotel respite program since 2020. The funding continued to flow as numerous complaints surfaced over staffing and unsafe practices in the months prior to the deaths. Former employees described a chaotic program in which they were often asked to take on tasks they were not trained or certified to perform. Others described inconsistent service referrals, security problems and unpaid hotel charges.

Next: A new WA law may not cure hospital staff shortages, nurses say

<u>The Hand Up Project's board recently ousted</u> its founder Robert Smiley and his wife from the organization in February after the Snohomish County Sheriff's Department opened an investigation into alleged fraud. A sheriff's department spokesperson confirmed that the investigation remains ongoing.

Smiley did not respond to questions about how the program was run when contacted via Facebook.

Snohomish County Councilmember Megan Dunn wrote to Crosscut that all allegations are taken seriously and the county continues to ensure the contract is being fulfilled.

"This community being served is extremely vulnerable with many co-occurring conditions," Dunn wrote in a statement. "They are safer being off the streets, and the opportunities to move them into more permanent, healthier environments only increases through such programs."

Tackling homelessness during a pandemic

Smiley founded the <u>The Hand Up Project in 2014</u> with a mission "to assist people struggling with substance abuse and destructive behavior that has led to homelessness," according to <u>his LinkedIn page</u>. The nonprofit, which has been <u>showcased</u> in <u>local media reports</u>, runs sober homes in Snohomish County and, according to its <u>website</u>, conducts encampment cleanups and outreach services.

The Hand Up Project's hotel respite program launched in the fall of 2020 in response to the tents that had popped up on the Snohomish County campus in downtown Everett in the early days of the pandemic. It prioritized placement for people living unsheltered within a two-block radius of the courthouse plaza.

This story is a part of Crosscut's <u>WA Recovery Watch</u>, an investigative project tracking federal dollars in Washington state.

The program aimed to move chronically homeless residents off the streets while connecting them with wraparound services – such as mental health and substance-abuse treatment – and eventually move them into permanent housing, <u>according to the nonprofit's website</u>. Clients resided at a Days Inn in a bank of rooms sandwiched between Interstate 5 and a parking lot on the north end of the Everett Mall.

The Hand Up Project began with a block of 20 client rooms, and later expanded to 28 rooms in 2022. The program employed about nine full- and part-time employees, including an operations manager, a case manager and several security positions, according to program documents.

Initial contracts between Snohomish County and The Hand Up Project show that the nonprofit agreed to provide shelter along with case management services to connect clients with treatment programs at a cost of \$490,000. Funding for the program could also go toward food, toiletries, laundry, medication or transportation to services. In total, the county has allocated about \$3 million in funds to the Everett program. The latest contract Crosscut obtained in a records request was signed in June 2022 and added \$1.4 million to the program.

In January 2023, the nonprofit received another \$500,000 in COVID-19 funds, half from the county and half from the city of Monroe to expand the program to serve families there, according to Kent Patton, a spokesperson for the county. That contract expires at the end of 2023.

The Hand Up Project also signed a \$200,000 contract in January of last year with the North Sound Behavioral Health Administrative Services Organization to temporarily house clients at the same hotel.

Nate Marti, a manager with the Snohomish County's human services department who helps oversee the respite program, said officials chose The Hand Up Project to run the hotel respite program because of the organization's experience in providing outreach to individuals.

"During the beginning of the pandemic, there were a lot of people in the downtown Everett area, understandably," Marti said, "so we wanted to get those people connected to services. And their proposal clearly articulated their ability to do that."

Contracts with the county required the program to report details of client placements into housing and other metrics, but county officials twice provided data about the program that they later acknowledged to be faulty after Crosscut asked about inconsistencies between data sets. The data also did not include the two deaths from May 2022, and was missing more than two dozen entries.

In the latest available data from the county, 109 clients exited the program in 2022. The county reported 41 people, or 38%, left for long-term housing, though some of those clients moved into Pallet shelters — which many cities consider temporary housing — or went to "temporarily living with family/friends."

Twenty-five people went back to living on the street or to a shelter, the county reported. Another 31 disappeared. A few clients who went to detox secured housing after completing treatment.

A 2021 progress report shows similar numbers for enrollment in substance-abuse and mental treatment and a lower percentage of clients, 28.6%, who exited the program to long-term housing.



The Days Inn on Everett Mall Way remains fenced off after a housing program run by The Hand Up Project, and funded by COVID-19 relief money from Snohomish County, moved to a Motel 6 on 128th Street Southwest. The county has since purchased the Days Inn to convert to a permanent emergency shelter. The project has been delayed as the county deals with methamphetamine contamination in some of the rooms. (Lizz Giordano/Crosscut)

Safety and service complaints

Former Hand Up Project employees told Crosscut that problems started soon after the first clients began moving into the Days Inn in September 2020. Initially hired to perform administrative work, Laura Reed said her role quickly expanded to conducting intake interviews for new enrollees and case management, though she held no certification.

"It was total chaos," Reed said. "They had no plan other than to pick people up and put them in a room."

Reed and other former employees described a program that provided less and less over time. They said they noticed the program stopped bringing in prepared meals twice a day and program staff levels dropped in subsequent contracts. One case manager, Lisa, who asked to be identified by first name only, said outreach services lacked follow-through and consistency. She eventually stopped referring clients to the program.

"It just seemed they were trying to cut as much client costs as they could," Reed said

Sonny Behrends, <u>a former lawyer who resigned from the Washington State Bar Association</u> in 2020 to avoid discipline after being accused of failing to represent clients despite collecting payment, came on board to help manage the program around the fall of 2021. He also joined The Hand Up Project's governing board, according

to 2022 filings.

Marti at Snohomish County said officials leave management decisions to their service providers: "Our role is not to get into an organization's business, unless it severely impacts the program. They hire folks with lived experience, and we find extreme value in that."

After leaving The Hand Up Project in August 2021, Reed and another former staffer, Bruce Erickson, filed complaints in late 2021 alleging negligence, financial mismanagement and practices that endangered the safety of the clients.

"The current [clients'] health are declining," Erickson wrote in his complaint. "If there's a death, which we feel is likely due to [the director's] inability to run this program, she would blame us. We're angry at her and sad for the clients."

A <u>report</u> shows Snohomish County Human Services staff investigated on-site in late 2021. Officials reported that client and staff interviews did not support the complaints. Inspections of client rooms found them in acceptable condition.

"Our main concern going out there was the client's well-being and safety, and while we didn't check every room, the clients and rooms we checked were in good shape," the county report stated. "We also spoke to [local service partner] staff about their ongoing observations of the program since they have clients in the program. They did not share any significant concerns and felt there was good oversight of the clients."

Berhands later told Crosscut the motives of the former staffers for speaking out "are at best dubious." He added that these former staffers have every interest in seeing the program fail.

On May 9, 2022, The Hand Up Project staff called police for a wellness check on a 48-year-old resident who had not been seen in recent days. Police <u>reports</u> state the room was locked and a chair blocked the doorway. The officer found the resident deceased in the bathroom with no signs of injury or substance abuse. An <u>earlier</u> <u>report</u> stated the resident had been living at one of the Hand Up Project's sober houses in Lynnwood before checking into the hotel program in late January. Crosscut was unable to reach her next of kin.

On May 17, 2022, a security staffer for the program called 911 again to report Fraser's death. Police <u>reports</u> state the staffer found Fraser deceased in the bath during a room check.

Erickson, who had previously worked security for the program and conducted room checks, later questioned the consistency of those safety practices.

"If those room checks were being done," he told Crosscut, "those deaths could have been prevented."

Marti, who helps oversee the program for the county's Human Services department, said officials had confirmed staff were monitoring clients during previous site visits.

"We found that clients were being checked on," he said. "They had policies for the frequency of checks."

County spokesperson Kent Patton noted officials are extremely cautious when weighing whether to shut down housing programs.

"Regardless of what you think about this program or the problems," he said, "if you shut it down, you're throwing a whole bunch of people back on the streets with a greater possibility of being exploited or dying."

Allegations of financial misuse

Bud Kopp joined The Hand Up Project's governing board in 2018 after meeting Smiley through Alcoholics Anonymous. The commercial real estate broker said he was asked to handle the nonprofit's finances and began to suspect Smiley had misused donations intended for the nonprofit.

Kopp said he believes Smiley had collected thousands of dollars a month in donations from requests posted on Facebook. Kopp could not say where much of that money went.

"He fooled me," Kopp told Crosscut in an interview. "I was kind of naive, because I thought I could do some good running that organization. He can be pretty convincing."

Kopp said he was forced to step down from the board in April 2020 after he brought up his concerns over how funds were being managed. In his <u>resignation letter</u> he accused the Hand Up Project's board of directors of "unwillingness and/or inability … to follow necessary and appropriate procedures and protocols regarding the accountability of project money and expenses."

Kopp said he did not file a complaint or report this allegation to the sheriff's department.

"I figured it would catch up with [Smiley] sooner or later," he said.

Find tools and resources in Crosscut's <u>Follow the Funds guide</u> to track down federal recovery spending in your community.

Snohomish County did start requiring The Hand Up Project to submit expenditure reports twice a month after Reed's initial complaint. They also required the program to hire a professional cleaning service and additional social service support to help manage clients' medical needs.

Reed also began to question how Smiley tracked donations. In late 2021 she filed a complaint with the state Attorney General's Office accusing Smiley of seeking donations over Facebook for a personal vacation, directing donors to the nonprofit's Paypal and Venmo accounts. In her <u>complaint</u> she raised concerns about how the nonprofit could differentiate charitable donations to the organization from personal donations.

"It is unethical to start with, and brought up a lot of questions on how they are keeping track of funds," she told Crosscut.

In June 2022, the owner of the Days Inn housing the program <u>complained to the county</u> that the program owed him more than \$65,000 for damages and other expenses. The hotel owner also shared concerns about security practices.

The North Sound Behavioral Health Administrative Services Organization, which had contracted with The Hand Up Project to temporarily shelter clients at the hotel, broke ties with the program last year after learning of the mounting complaints.

Margaret Rojas, an assistant director for North Sound Behavioral Health, said they found the program was spending more than was allocated by contract. They asked The Hand Up Project to conduct an audit of its spending.

"We do have some concerns about infrastructure, whether or not they have the infrastructure to manage these types of funds," Rojas said in an interview last October, a few months after funding was paused. "The people that we've worked with have been great people; they seem to really be devoted to the work that they do. But we're just not sure that they have the business plan that they need to manage these types of funds."

The Hand Up Project still had not submitted the audit, and North Sound Behavioral Health is no longer working with the group, Rojas said in an email sent in March.

In late February, the Snohomish County Sheriff's Department launched an investigation into the nonprofit stemming from allegations of fraud brought to the department, according to Courtney O'Keefe, a spokesperson for the department.

Soon after, the city of Edmonds <u>terminated</u> a <u>recently signed contract</u> with The Hand Up Project to conduct outreach to unhoused individuals and cleanup encampments.

"In light of recent information discovered regarding the organization's founder, the City of Edmonds is canceling the newly signed contract with Hands [sic] Up Project," the press release read.

In a series of <u>Facebook posts</u> from April, Smiley announced his departure from the nonprofit: "<u>I need to make</u> sure that everyone knows that I am no longer affiliated with "The Hand Up Project" based on my actions and behaviors even though I was still helping people there are things I did wrong and I will be held accountable…." and "<u>I have to face all my bad behaviors and it is one heck of a list so far…</u>"

He told Crosscut via Facebook those comments were not an acknowledgment of taking money but rather "it was just not tracked properly...."

Smiley didn't respond to further questions. The lawyer representing the nonprofit's board also didn't return a request for comment.



An assortment of photos that were on display during Forest Fraser's funeral. (Lizz Giordano/Crosscut)

County purchases the hotel

Federal funding from Snohomish County is set to end this summer as the county winds down the Everett hotel program.

The county <u>purchased the Days Inn and another hotel in Edmonds</u> to convert to a permanent emergency shelter in August, using American Rescue Plan money. A few months after taking control of the property, the county announced a delay in the project as it deals with methamphetamine contamination in some of the rooms.

The shelters likely won't be ready to open until next year, according to Patton. The county has not started the process for identifying agencies to run the shelter. Patton didn't rule out contracting again with The Hand Up Project.

"Any qualifying agency will be allowed to submit a bid, and we will choose the one most able to complete the work," he added.

Today the Days Inn remains fenced off and empty. A security guard roams the property. The respite program has since moved down the street to the Motel 6.

Keckler said Fraser checked in periodically through texts, the latest informing her of his recent return to Everett in spring 2022, shortly before he enrolled in the hotel program.

Fraser's son turned 18 right before his dad's death, becoming his next of kin.

"His first adult moment was to bury his dad," Keckler said.

Sorting through Fraser's belongings, Keckler said she found journals and fast-food wrappers in which Fraser had scribbled down phone numbers and addresses, some of which were for addiction treatment services.

"It looked like he was trying to get into a program," she said.

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Recovery Navigator Program Regional Success Stories North Sound Excerpts

Quarter 4, 2023

North Sound

Participant Success Story:

Skagit-Community Action:

A program participant was working with a RNP staff person. The participant's father originally put in the referral to RNP for his son. His son, at the time, did not want to acknowledge any mental health concerns, but once he began working with the RNP case manager and completed an initial assessment, the RNP case manager mentioned some physical health concerns that could be impacting the participant's mental health. The participant agreed to get a referral for a mental health evaluation for depression. They are still working together, but the RNP team feels it is a success that the participant agreed to check on his mental health after being resistant to it in the past.

Snohomish-Snohomish County LEAD:

One program participant has been in the RNP since March of 2022. In the past year, this participant has made a lot of progress on his medical and physical goals with the support of his RNP case manager. He struggled with his vision for a few months, and his RNP case manager encouraged him to get an eye exam. With the help of his case manager, the participant set up an eye exam where he found out that he has severe cataracts in both eyes. Because he has memory issues and struggles with some daily living tasks, the help and advocacy of his case manager has been essential in making sure his medical needs are being met. He is scheduled for cataract surgery on both of his eyes this month and is looking forward to being able to see clearly again. He is also now qualifying for more housing opportunities, as his case manager was able to obtain documentation of his lengthy medical history and is helping him keep track of his current medical diagnoses as well. The participant often tells his case manager that he is so thankful for the support and would be lost without the assistance.



North Sound cont.

Whatcom-Whatcom County LEAD:

The RNP/LEAD team became reacquainted with a particular program participant shortly after starting as a case manager with the RNP/LEAD team. They had known her from previous work at starting as a case manager with the RNP/LEAD team. They had known her from previous work at NWYS and were always inspired by her story. The participant grew up in the foster care system from an early age, and both her parents suffered from addiction and long periods of being unhoused. The participant became tied up in life on the streets at an early age and once fentanyl came into the community, her life took an even greater turn. She and her partner lost custody of their newborn during the peak of their addiction, shortly after this she was in jail on a cumulation of theft charges motivated by a desire to continue using. When she was released from jail, she was connected to the RNP/LEAD program and arranged to serve a portion of her time at a treatment center where she spent 3 months working on sobriety. When the RNP/LEAD picked her up from the treatment center to transport her back to the community, it was obvious that she was a changed person. RNP/LEAD transported her to New Way Ministries in Lynden where she began the next chapter of her journey towards recovery. Through collaboration with RNP/LEAD and her public defender, she was able to enroll into both Drug Court and Family Recovery Court. In addition, she also committed to attending intensive outpatient substance use services through Lifeline Connections. With some support from intensive outpatient substance use services through Lifeline Connections. With some support from the case manager at New Way and from RNP/LEAD, she has experienced a great deal of success in managing a very busy schedule of daily appointments and rigorous drug testing. Despite the many challenges this presented she dug deep and found a way to persevere. Fast forward 6 months later and she has now been able to have unsupervised visits with her infant daughter and has graduated from Drug Court. She recently passed her driving exam and will be getting a new car funded through New Way Ministries in the coming months. She is currently seeking employment opportunities in the community that will allow her to pay for her own apartment with her daughter. She has benefited from wrap-around support in her journey and has maintained an incredible level of organization and motivation to keep going through obstacles. Her story is an inspiration, and she hopes it can be an example to others in her situation as well.



North Sound cont.

Island-Island County:

An RNP program participant was referred by Langley Police Department for frequent calls on a weekly basis. The individual was picking up trespasses weekly and was brought into custody for stealing and damaging business property. The participant did not have a criminal history prior to these recent charges. Initially, the participant refused all services, but continued to pick up new charges. RNP continued to engage until the participant declared he doesn't have consistent income and that has led to him not having meals on a daily basis. Additionally, he was on the verge of losing his Housing. RNP offered to set him up with food benefits and to get in touch with housing assistance. The participant agreed to engage. Over time RNP built a rapport with him and they agreed to fill out the housing applications and start the process. The participant was able to find a consistent full-time job and food insecurity is no longer an issue. He was also approved to stay at House of Hope in Langley and has settled in well while more permanent housing is sought. RNP is also working with him to start the process to quash his warrants. Since working with RNP, he has not had any new charges and has not had any contact with law enforcement for over a month and a half.

San Juan-Compass Health:

A program participant enrolled with RNP following a relapse and subsequent court involvement (Physical Control of a Vehicle while Intoxicated). The participant initially presented with moderate-severe depressive symptoms, including vague suicidal ideation, increased anxiety related to his legal case and despair related to the recent relapse and its effects on his family. He was highly motivated to increase his community-based support, develop healthier, more effective coping skills, eliminate substance use and resolve his court case. He has been enrolled in the program for six months. Since his enrollment he has maintained consistent contact with his treatment team, including RNP staff and outpatient SUD provider. He attends daily AA/NA meetings, he has identified a sponsor and has abstained from all substances. He continues to experience cravings and ongoing symptoms of anxiety and depression. He calls RNP staff throughout the week to report when cravings occur and can ask for help and accept assistance from staff. This participant has made tremendous progress and identifies RNP staff and AA participants as some of his strongest supporters.



North Sound cont.

Partner/Programmatic Success Story:

In Skagit County the RNP team has been working closely with their local police department. They have been successful in receiving referrals, especially in situations where law enforcement was/is considering arrest. They have also been successful in partnering with their sheriff's office to assist unhoused individuals who are facing eviction.

In Island County they continue to get many referrals from law enforcement agencies, co-responders, jail counselors, jail transition staff, community partners and various programs throughout Island County. Their PCG board is actively engaged and, with the participation of those attending our OWG meetings, they are productive in problem-solving for a wide range of participant issues. The law enforcement agencies in Island County were initially skeptical and expressed concerns about lost accountability. Now they have seen the value of not seeing some of the RNP program participants on a regular basis, rotating through the law enforcement systems that can't address the root causes of many of the behaviors they're often called on to address. Relationships and trust have grown substantially since launching the program last year. Law Enforcement sees the value of the RNP and now calls them early and often to assist in calls where substance use and/or behavioral health issues are present.



https://www.goskagit.com/scnews/camano_scene/mental-health-facility-to-go-on-as-planned/article_7dcc9c00-f674-11ed-9e66-9f1cb55ca14b.html

Mental health facility to go on as planned

By ISABELLA LOY @Isabella_scn May 21, 2023



A graphic shows the security designations for the planned Residential Treatment Facility North. Security was one concern for Stanwood residents and the hearing examiner has ensured the community will be alerted of any escapees or public-safety threats.

Washington Health Care Authority

The Snohomish County Council voted Wednesday, May 17, to affirm the hearing examiner's March 7 decision, approving a conditional-use permit for a 32-bed mental-health facility to be built near Stanwood.

The Washington State Health Care Authority applied for the conditional-use permit Jan. 31, 2022, which will be used to build an in-patient residential behavioral health treatment facility on land owned by the Tulalip Tribes at 29919 80th Avenue NW 300th Street NW in Stanwood.

Privacy - Terms

After Hearing Examiner Peter Camp approved the permit, a group of local farmers filed an appeal claiming that part of the planned facility would be on protected local commercial farmland and "involves an unlawful removal of land from agricultural use."

The Tulalip Tribe and the Health Care Authority argued that this facility is within legal use of the land designation.

"The hearing examiner's decision has made clear that he was aware of this LCF designation," said Tyler Eastman, reservation attorney who represents the Tulalip Tribes. "The hearing examiner considered the comprehensive plan's simultaneous goals to conserve agricultural land and also to support public health initiatives."

Eastman said the hearing examiner relied on the county's zoning laws, which specifically allow for the proposed facility, and that no unlawful use of land will apply.

"While considering arguments to the opposition of this facility, nearly every person that did so has acknowledged that this type of facility is needed in Snohomish County," Eastman said.

The facility is part of Gov. Jay Inslee's five-year plan to increase smaller community facilities for mental health treatment which was adopted in 2018, with the goal of ending civil patient placements at large state hospitals.

Inslee cited overcrowding at large hospitals and the desire to allow patients to be close to their own support systems and communities as reasons to open up more community-based facilities.

The confirmation of the hearing examiner's decision means the facility can go on as planned, which has a tentative goal of opening its doors in 2024.

More information on Residential Treatment Facility North and updates can be found at snohomishcountywa.gov.
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